

# Family Hub Network Timetable

Monday 03 November – Friday 19 December 2025

## Central Family Hub Term-time weekly activities

| Venue                                                                                                                                                                 | Mondays                                                                                                                   | Tuesdays                                                                                                                                            | Wednesdays                                                                                                                     | Thursdays                                                                                                                        | Fridays                                                                                                                   |
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| <b>Wealdstone Youth Centre</b><br><b>Age 9-19/25 -SEN</b><br><b>38-42 High Street</b><br><b>Wealdstone</b><br><b>Harrow</b><br><b>HA3 7AE</b><br><b>020 8416 8667</b> | <b>Junior Youth Club</b><br><b>3-5pm</b><br><b>(Age 9-15 years)</b><br><b>Drop in or Call to</b><br><b>secure a space</b> | <b>Learn to cook</b><br><b>3-5pm</b><br><b>(All ages)</b><br><b>Drop in or</b><br><b>Call to secure</b><br><b>a space</b>                           | <b>13-15's Youth club</b><br><b>3-5pm</b><br><b>(Age 13-15 years)</b><br><b>Drop in or Call to</b><br><b>secure a space</b>    | <b>Gym sessions</b><br><b>Harrow Leisure</b><br><b>Centre</b><br><b>3-6pm</b><br><b>(All ages)</b><br><b>Please call to book</b> | <b>Junior Youth Club</b><br><b>3-5pm</b><br><b>(Age 9-15 years)</b><br><b>Drop in or Call to</b><br><b>secure a space</b> |
|                                                                                                                                                                       |                                                                                                                           | <b>Senior youth club</b><br><b>5-7pm</b><br><b>(Age 16-19/25)</b><br><b>Drop in or</b><br><b>Call to book</b><br><b>To secure a</b><br><b>space</b> | <b>Harrow Youth Parliament</b><br><b>5-7pm</b><br><b>(Age 9-19 years)</b><br><b>Please call for more</b><br><b>information</b> |                                                                                                                                  |                                                                                                                           |

Young people with SEN / Additional needs are welcome to all of our groups. If a Carer / 1 to 1 support is needed, then please ensure to enquire regarding suitability and attending with your young person.

# Central Family Hub

| Venues                                                                                 | Monday 03 Nov 2025                        | Tuesday 04 Nov 2025                                                                                                   | Wednesday 05 Nov 2025                                                                                                                            | Thursday 06 Nov 2025                                                                  | Friday 07 Nov 2025                                                                                                   |
|----------------------------------------------------------------------------------------|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| <p>Hillview</p> <p>2 Grange Road,<br/>South Harrow,<br/>HA2 0LW<br/>020 8422 4692</p>  | <p><b>Portage</b></p> <p>Planning day</p> | <p>Partner service</p>                                                                                                | <p>11-12 pm<br/><b>Baby Stay and play</b><br/>( birth- 18 months)<br/>Drop in</p> <p>1:30-2:30<br/><b>Sensory play</b><br/>(birth – 4 years)</p> | <p>9:30 – 11am<br/><b>Learning through play</b><br/>(birth - 4 years)<br/>Drop in</p> | <p>10-11am<br/><b>Let's get physical</b><br/>(0-5 yrs)<br/>Drop in<br/>Blossom baby massage<br/>Booking required</p> |
| <p>Gange</p> <p>68 Canning<br/>Road,<br/>Wealdstone,<br/>HA3 7SN<br/>020 8427 0134</p> | <p>Planning day</p>                       | <p>11-12<br/><b>Baby group</b><br/>(birth- 18 months)<br/>1:30-2:30pm<br/><b>Stories come alive</b><br/>(0-5 yrs)</p> | <p>Health ASQ's</p>                                                                                                                              | <p>9:30-11:30<br/>Childminders group</p>                                              | <p>10 – 11am<br/><b>Talk and Play</b><br/>(18 months plus)</p>                                                       |

# East Family Hub

| Venues                                                                         | Monday 03 Nov 2025                                                                                                                        | Tuesday 04 Nov 2025                                                                       | Wednesday 05 Nov 2025                                                                                                                                          | Thursday 06 Nov 2025                                                            | Friday 07 Nov 2025                                                                   |
|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton, HA3 9HZ<br>020 8416 8400    | 10-12pm<br>Or<br>12:30-2:30pm<br>Homestart<br><br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session) | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm                               | 10-12pm<br>Henry Programme<br>Bookable service                                                                                                                 | IMMS clinics                                                                    | IMMS CLINIC Bookings                                                                 |
| <b>Chandos</b><br><br>Chandos Crescent, Edgware, HA8 6HL.<br>020 8736 6550     | <b>Planning Day</b>                                                                                                                       | <b>Sensory Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                  | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                                                                                                | 10am -12pm<br>Henry Programme<br>Bookable service                               | <b>Islamic Cultural Society</b>                                                      |
| <b>Stanmore Park</b><br><br>William Drive, Stanmore, HA7 4FZ.<br>020 8736 6480 | <b>Planning Day</b>                                                                                                                       | <b>Partner Service AM</b><br><br>Imagine & Play<br>0-5yrs<br>Drop in<br><br>1.15 – 2.45pm | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Healthy Living Stay &amp; Play</b><br><b>0-5yrs</b><br><b>Drop in</b><br>1.15 – 2.45pm | <b>Partner Service Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in |

# West Family Hub

| Venues                                                                                      | Monday 03 Nov 2025  | Tuesday 04 Nov 2025                                                                                                                    | Wednesday 05 Nov 2025                                                                                                                 | Thursday 06 Nov 2025                                                                                                                                                                  | Friday 07 Nov 2025                                                               |
|---------------------------------------------------------------------------------------------|---------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Cedars</b><br><br>Whittlesea Road, Harrow,<br>HA3 6LS.<br>020 8736 6222                  | <b>Planning Day</b> | <b>Virtual Parenting advice AM appointments</b><br>Please call to book<br><br><b>Sensory Play</b><br>1 – 2.30pm<br>Drop in<br>0 – 5yrs | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                                                                 | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><b>Educational Psychologist joining group</b><br><br><b>Learning Through Play</b><br>1.30 – 3pm<br>Drop in<br>0-5yrs | <b>Outdoor play – little adventurers</b><br>10.30 - 11.30am<br>Drop in<br>0-5yrs |
| <b>The Pinner Centre</b><br><br>Chapel Lane Car Park,<br>Pinner<br>HA5 1AA<br>020 8424 1460 | <b>Planning Day</b> | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus                                                                          | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>10 – 11.30am<br><br><b>Imagine &amp; Play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in<br><br><b>Stories Come Alive</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm                                          |                                                                                  |

# Central Family Hub

| Venues                                                                         | Monday 10 Nov 2025                                             | Tuesday 11 Nov 2025                                                                                           | Wednesday 12 Nov 2025                                                                                                                | Thursday 13 Nov 2025                                                      | Friday 14 Nov 2025                                                               |
|--------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Hillview</b><br>2 Grange Road,<br>South Harrow,<br>HA2 0LW<br>020 8422 4692 | <b>Portage</b><br>1-2:30pm<br><br>Inner light Yoga<br>Bookings | Partner service                                                                                               | 11-12 pm<br><b>Baby Stay and play</b><br>( birth- 18 months)<br>Drop in<br><br>1:30-2:30<br><b>Sensory play</b><br>(birth – 4 years) | 9:30-11am<br><b>Learning through play</b><br>(birth - 4 years)<br>Drop in | <b>Blossom CHWM</b><br>9:30-10:30<br>Blossom baby<br>massage<br>Booking required |
| <b>Gange</b><br>68 Canning<br>Road,<br>Wealdstone,<br>HA3 7SN<br>020 8427 0134 | 10-11:30am<br><b>Learning through play</b><br>(0-5 yrs)        | 11-12<br><b>Baby group</b><br>(birth- 18 months)<br><br>1:30-2:30pm<br><b>Stories come alive</b><br>(0-5 yrs) | Health ASQ's                                                                                                                         | 9:30-11:30<br>Childminders group                                          | 10 – 11am<br><b>Talk and Play</b><br>(18 months plus)                            |

# East Family Hub

| Venues                                                                               | Monday 10 Nov 2025                                                                                                                                                                            | Tuesday 11 Nov 2025                                                                       | Wednesday 12 Nov 2025                                                                                                                                      | Thursday 13 Nov 2025                                                            | Friday 14 Nov 2025                                                                   |
|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton,<br>HA3 9HZ<br>020 8416 8400       | 10-12pm<br>Or<br>12:30-2:30pm<br>Homestart<br><br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session) 1:30-3pm<br><b>Virtual toilet learning Workshop</b> | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm                               | HENRY Programme<br>Bookable service                                                                                                                        | IMMS clinics                                                                    | IMMS CLINIC<br>Bookings                                                              |
| <b>Chandos</b><br><br>Chandos Crescent,<br>Edgware, HA8 6HL.<br>020 8736 6550        | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm                                                          | <b>Sensory Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                  | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                                                                                            | <b>10am -12pm Henry Programme Bookable service</b>                              | <b>Islamic Cultural Society</b>                                                      |
| <b>Stanmore Park</b><br><br>William Drive,<br>Stanmore,<br>HA7 4FZ.<br>020 8736 6480 | <b>PAFT Toddler Group</b><br>0-3yrs<br>Drop in<br>10 – 11.30am                                                                                                                                | <b>Partner Service AM</b><br><br>Imagine & Play<br>0-5yrs<br>Drop in<br><br>1.15 – 2.45pm | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><b>Healthy Living Stay &amp; Play</b><br><b>0-5yrs</b><br><b>Drop in</b><br>1.15 – 2.45pm | <b>Partner Service Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in |

# West Family Hub

| Venues                                                                                                                                              | Monday 10 Nov 2025                                                                                                                          | Tuesday 11 Nov 2025                                           | Wednesday 12 Nov 2025                                                                                                                 | Thursday 13 Nov 2025                                                                                                                                                                                                | Friday 14 Nov 2025                                                                                        |
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| <b>Cedars</b><br>Whittlesea<br>Road, Harrow,<br>HA3 6LS.<br>020 8736<br>6222                                                                        | <b>Babbling Babies</b><br>Prenatal – Crawlers<br>10 – 11.15am<br>Drop in<br><br><b>Stories &amp; Rhymes</b><br>1 – 2pm<br>Drop in<br>0-5yrs | <b>Sensory Play</b><br>1 – 2.30pm<br>Drop in<br>0 – 5yrs      | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in<br><br>1:30-3pm<br>Virtual Behaviour workshop<br>(Bookable)     | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><b>Speech and Language<br/>                     Therapist joining group</b><br><br><b>Learning Through Play</b><br>1.30 – 3pm<br>Drop in<br>0-5yrs | <b>Outdoor play – little<br/>                     adventurers</b><br>10.30 - 11.30am<br>Drop in<br>0-5yrs |
| <b>The<br/>                     Pinner<br/>                     Centre</b><br><br>Chapel Lane<br>Car Park,<br>Pinner<br>HA5 1AA<br>020 8424<br>1460 |                                                                                                                                             | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>10 – 11.30am<br><br><b>Imagine &amp; Play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in<br><br><b>Stories Come Alive</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm                                                                        |                                                                                                           |

# Central Family Hub

| Venues                                                                             | Monday 17 Nov 2025                                                    | Tuesday 18 Nov 2025                                                                                           | Wednesday 19 Nov 2025                                                                                                                | Thursday 20 Nov 2025                                                                                                                                      | Friday 21 Nov 2025                                                                                              |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <b>Hillview</b><br>2 Grange Road,<br>South Harrow,<br>HA2 0LW<br>020 8422 4692     | <b>Portage</b><br><br>1-2pm<br><b>Stories come alive</b><br>(0-5 yrs) | Partner service                                                                                               | 11-12 pm<br><b>Baby Stay and play</b><br>( birth- 18 months)<br>Drop in<br><br>1:30-2:30<br><b>Sensory play</b><br>(birth – 4 years) | <b>9:30-11am</b><br><b>Learning through play</b><br>(birth - 4 years)<br>Drop in<br><br><b>Educational</b><br><b>Psychologist joining</b><br><b>group</b> | 10-11am<br><b>Let's get physical</b><br>(0-5 yrs)<br>Drop in<br><br>Blossom baby<br>massage<br>Booking required |
| <b>Gange</b><br><br>68 Canning<br>Road,<br>Wealdstone,<br>HA3 7SN<br>020 8427 0134 | 10-11:30am<br><b>Learning through play</b><br>(0-5 yrs)               | 11-12<br><b>Baby group</b><br>(birth- 18 months)<br>1:30-2:30pm<br><br><b>Stories come alive</b><br>(0-5 yrs) | Health ASQ's                                                                                                                         | 9:30-11:30<br>Childminders group                                                                                                                          | 10 – 11am<br><b>Talk and Play</b><br>(18 months plus)                                                           |



# East Family Hub

| Venues                                                                         | Monday 17 Nov 2025                                                                                                                                                                         | Tuesday 18 Nov 2025                                                                       | Wednesday 19 Nov 2025                                                                                                                                                                                  | Thursday 20 Nov 2025                                                            | Friday 21 Nov 2025                                                                                |
|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton, HA3 9HZ<br>020 8416 8400    | 10-12pm<br>Or<br>12:30-2:30<br>Homestart<br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session)                                                        | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm                               | 10-12pm<br>Henry Programme<br>Bookable service                                                                                                                                                         | IMMS clinics                                                                    | IMMS CLINIC Bookings<br><br>1:30-3pm<br><b>Explore and learn outdoors</b><br>(0-5 yrs)<br>Drop in |
| <b>Chandos</b><br><br>Chandos Crescent, Edgware, HA8 6HL.<br>020 8736 6550     | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><b>Speech and Language Therapist joining group</b><br><br><b>Learning Through play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm | <b>Sensory Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                  | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                                                                                                                                        | <b>10am -12pm Henry Programme Bookable service</b>                              | <b>Islamic Cultural Society</b>                                                                   |
| <b>Stanmore Park</b><br><br>William Drive, Stanmore, HA7 4FZ.<br>020 8736 6480 | <b>PAFT Toddler Group</b><br>0-3yrs<br>Drop in<br>10 – 11.30am                                                                                                                             | <b>Partner Service AM</b><br><br>Imagine & Play<br>0-5yrs<br>Drop in<br><br>1.15 – 2.45pm | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><b>Speech and Language Therapist joining group</b><br><br><b>Healthy Living Stay &amp; Play</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>Partner Service Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in              |

# West Family Hub

| Venues                                                                                         | Monday 17 Nov 2025                                                                                                                                                                                           | Tuesday 18 Nov 2025                                                                                                                         | Wednesday 19 Nov 2025                                                                                                                 | Thursday 20 Nov 2025                                                                                                                                                                                               | Friday 21 Nov 2025                                                                                                                                                       |
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| <b>Cedars</b><br><br>Whittlesea Road, Harrow,<br>HA3 6LS.<br>020 8736 6222                     | <b>Babbling Babies</b><br>Prenatal – Crawlers<br>10 – 11.15am<br>Drop in<br><br><b>Stories &amp; Rhymes</b><br>1 – 2pm<br>Drop in<br>0-5yrs<br><br><b>2-year checks</b><br>1.00 – 3.30pm<br>Bookable Service | <b>Virtual Bespoke Parenting Programme AM (Bookable)</b><br><br><b>Sensory Play + Sensory Rm Slots</b><br>1 – 2.30pm<br>Drop in<br>0 – 5yrs | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                                                                 | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Virtual Parenting advice AM appointments</b><br>Please call to book<br><br><b>Learning Through Play</b><br>1.30 – 3pm<br>Drop in<br>0-5yrs | <b>Outdoor play – little adventurers</b><br>10.30 - 11.30am<br>Drop in<br>0-5yrs<br><br><b>Virtual Workshop Managing Emotions</b><br>Please call to book<br>10 – 11.30am |
| <b>The Pinner Centre</b><br><br>Chapel Lane<br>Car Park,<br>Pinner<br>HA5 1AA<br>020 8424 1460 |                                                                                                                                                                                                              | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus                                                                               | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>10 – 11.30am<br><br><b>Imagine &amp; Play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in<br><br><b>Stories Come Alive</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm                                                                       |                                                                                                                                                                          |

# Central Family Hub

| Venues                                                                         | Monday 24 Nov 2025                                      | Tuesday 25 Nov 2025                                                                                           | Wednesday 26 Nov 2025 | Thursday 27 Nov 2025                                                             | Friday 28 Nov 2025                                                                                                     |
|--------------------------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Hillview</b><br>2 Grange Road,<br>South Harrow,<br>HA2 0LW<br>020 8422 4692 | <b>Portage</b><br>12:30-2:30pm<br><b>Optivita</b>       | Partner service                                                                                               |                       | <b>9:30-11am</b><br><b>Learning through play</b><br>(birth - 4 years)<br>Drop in | <b>10-11am</b><br><b>Let's get physical</b><br>(0-5 yrs)<br>Drop in<br><br>Blossom baby<br>massage<br>Booking required |
| <b>Gange</b><br>68 Canning<br>Road,<br>Wealdstone,<br>HA3 7SN<br>020 8427 0134 | 10-11:30am<br><b>Learning through play</b><br>(0-5 yrs) | 11-12<br><b>Baby group</b><br>(birth- 18 months)<br><br>1:30-2:30pm<br><b>Stories come alive</b><br>(0-5 yrs) | Health ASQ's          | 9:30-11:30<br>Childminders group                                                 | 10 – 11am<br><b>Talk and Play</b><br>(18 months plus)                                                                  |

# East Family Hub

| Venues                                                                         | Monday 24 Nov 2025                                                                                                                     | Tuesday 25 Nov 2025                                                                       | Wednesday 26 Nov 2025                                                                     | Thursday 27 Nov 2025                                                            | Friday 28 Nov 2025                                                                   |
|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton, HA3 9HZ<br>020 8416 8400    | 10-12pm or<br>12:30-2:30pm<br>Homestart<br><br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session) | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm                               | 10-12pm<br>Henry Programme<br>Bookable service                                            | IMMS clinics                                                                    | IMMS CLINIC Bookings                                                                 |
| <b>Chandos</b><br><br>Chandos Crescent, Edgware, HA8 6HL.<br>020 8736 6550     | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm   | <b>Sensory Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in               | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                           | <b>10am -12pm Henry Programme Bookable service</b>                              | <b>Islamic Cultural Society</b>                                                      |
| <b>Stanmore Park</b><br><br>William Drive, Stanmore, HA7 4FZ.<br>020 8736 6480 | <b>PAFT Toddler Group</b><br>0-3yrs<br>Drop in<br>10 – 11.30am                                                                         | <b>Partner Service AM</b><br><br>Imagine & Play<br>0-5yrs<br>Drop in<br><br>1.15 – 2.45pm | <b>Healthy Living Stay &amp; Play</b><br><b>0-5yrs</b><br><b>Drop in</b><br>1.15 – 2.45pm | <b>Partner Service Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in |

# West Family Hub

| Venues                                                                                      | Monday 24 Nov 2025                                                                                                                          | Tuesday 25 Nov 2025                                                                                                                         | Wednesday 26 Nov 2025                                           | Thursday 27 Nov 2025                                                                                                                         | Friday 28 Nov 2025                                                               |
|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Cedars</b><br><br>Whittlesea Road, Harrow,<br>HA3 6LS.<br>020 8736 6222                  | <b>Babbling Babies</b><br>Prenatal – Crawlers<br>10 – 11.15am<br>Drop in<br><br><b>Stories &amp; Rhymes</b><br>1 – 2pm<br>Drop in<br>0-5yrs | <b>Virtual Bespoke Parenting Programme AM (Bookable)</b><br><br><b>Sensory Play + Sensory Rm slots</b><br>1 – 2.30pm<br>Drop in<br>0 – 5yrs | <b>Weaning Party (Bookable)</b><br>2 – 3pm                      | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through Play</b><br>1.30 – 3pm<br>Drop in<br>0-5yrs         | <b>Outdoor play – little adventurers</b><br>10.30 - 11.30am<br>Drop in<br>0-5yrs |
| <b>The Pinner Centre</b><br><br>Chapel Lane Car Park,<br>Pinner<br>HA5 1AA<br>020 8424 1460 |                                                                                                                                             | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus                                                                               | <b>Imagine &amp; Play</b><br>0-5yrs<br>Drop in<br>1.15 – 2.30pm | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in<br><br><b>Stories Come Alive</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm |                                                                                  |

# Central Family Hub

| Venues                                                                         | Monday 01 Dec 2025                                      | Tuesday 02 Dec 2025                                                                                           | Wednesday 03 Dec 2025                                                                                                                | Thursday 04 Dec 2025                                                    | Friday 05 Dec 2025                                                                                                                            |
|--------------------------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Hillview</b><br>2 Grange Road,<br>South Harrow,<br>HA2 0LW<br>020 8422 4692 | <b>Portage</b>                                          | Partner service                                                                                               | 11-12 pm<br><b>Baby Stay and play</b><br>( birth- 18 months)<br>Drop in<br><br>1:30-2:30<br><b>Sensory play</b><br>(birth – 4 years) | 9:30-11<br><b>Learning through play</b><br>(birth - 4 years)<br>Drop in | 10-11am<br><b>Let's get physical</b><br>(0-5 yrs)<br>Drop in<br><br>Blossom baby<br>massage<br>Booking required                               |
| <b>Gange</b><br>68 Canning<br>Road,<br>Wealdstone,<br>HA3 7SN<br>020 8427 0134 | 10-11:30am<br><b>Learning through play</b><br>(0-5 yrs) | 11-12<br><b>Baby group</b><br>(birth- 18 months)<br><br>1:30-2:30pm<br><b>Stories come alive</b><br>(0-5 yrs) | Health ASQ's                                                                                                                         | 9:30-11:30am<br>Childminders group                                      | 10 – 11am<br><b>Talk and Play</b><br>(18 months plus)<br><br><b>Speech and<br/>           Language Therapist<br/>           joining group</b> |

# East Family Hub

| Venues                                                                               | Monday 01 Dec 2025                                                                                                                        | Tuesday 02 Dec 2025                                                                       | Wednesday 03 Dec 2025                                                                                                                            | Thursday 04 Dec 2025                                                                          | Friday 05 Dec 2025                                                                                |
|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton,<br>HA3 9HZ<br>020 8416 8400       | 10-12pm<br>Or<br>12:30-2:30pm<br>Homestart<br><br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session) | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm                               | 10-12pm<br>Henry Programme<br>Bookable service                                                                                                   | IMMS clinics                                                                                  | IMMS CLINIC Bookings<br><br>1:30-3pm<br><b>Explore and learn outdoors</b><br>(0-5 yrs)<br>Drop in |
| <b>Chandos</b><br><br>Chandos Crescent,<br>Edgware, HA8 6HL.<br>020 8736 6550        | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm      | <b>Sensory Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                  | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                                                                                  | <b>Stories &amp; Rhymes</b><br>0-5yrs<br>Drop in<br>10 – 11.30am                              | <b>Islamic Cultural Society</b>                                                                   |
| <b>Stanmore Park</b><br><br>William Drive,<br>Stanmore,<br>HA7 4FZ.<br>020 8736 6480 | <b>Toddler Group</b><br>0-3yrs<br>Drop in<br>10 – 11.30am                                                                                 | <b>Partner Service AM</b><br><br>Imagine & Play<br>0-5yrs<br>Drop in<br><br>1.15 – 2.45pm | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Healthy Living Stay &amp; Play</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>Partner Service</b><br><br><b>Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in              |

# West Family Hub

| Venues                                                                                                             | Monday 01 Dec 2025                                                                                                                                                                                                          | Tuesday 02 Dec 2025                                                                                                                                                                                                                                            | Wednesday 03 Dec 2025                                                                                                                                             | Thursday 04 Dec 2025                                                                                                                                                                                        | Friday 05 Dec 2025                                                                             |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| <p><b>Cedars</b><br/>Whittlesea<br/>Road, Harrow,<br/>HA3 6LS.<br/>020 8736<br/>6222</p>                           | <p><b>Babbling Babies</b><br/>Prenatal – Crawlers<br/>10 – 11.15am<br/>Drop in</p> <p><b>Stories &amp; Rhymes</b><br/>1 – 2pm<br/>Drop in<br/>0-5yrs</p> <p><b>2-year checks</b><br/>1.00 – 3.30pm<br/>Bookable Service</p> | <p><b>Virtual Parenting<br/>advice AM<br/>appointments</b><br/>Please call to book</p> <p><b>Virtual Bespoke<br/>Parenting Programme<br/>AM<br/>(Bookable)</b></p> <p><b>Sensory Play and<br/>Sensory Rm slots</b><br/>1 – 2.30pm<br/>Drop in<br/>0 – 5yrs</p> | <p><b>PAFT Baby Group</b><br/>Prenatal – Crawlers<br/>10 – 11am<br/>Drop in</p> <p><b>Virtual Behaviour Workshop</b><br/>10 – 11.30am<br/>Please call to book</p> | <p><b>TALK &amp; Play</b><br/>10 – 11am<br/>Drop in<br/>18mths plus<br/><b>Educational<br/>Psychologist joining<br/>group</b></p> <p><b>Learning Through Play</b><br/>1.30 – 3pm<br/>Drop in<br/>0-5yrs</p> | <p><b>Outdoor play – little<br/>adventurers</b><br/>10.30 - 11.30am<br/>Drop in<br/>0-5yrs</p> |
| <p><b>The<br/>Pinner<br/>Centre</b><br/>Chapel Lane<br/>Car Park,<br/>Pinner<br/>HA5 1AA<br/>020 8424<br/>1460</p> |                                                                                                                                                                                                                             | <p><b>TALK &amp; Play</b><br/>10 – 11am<br/>Drop in<br/>18mths plus</p>                                                                                                                                                                                        | <p><b>Learning Through Play</b><br/>0-5yrs<br/>Drop in<br/>10 – 11.30am</p> <p><b>Imagine &amp; Play</b><br/>0-5yrs<br/>Drop in<br/>1 – 2.30pm</p>                | <p><b>PAFT Baby Group</b><br/>Prenatal – Crawlers<br/>10 – 11.30am<br/>Drop in</p>                                                                                                                          |                                                                                                |



# Central Family Hub

| Venues                                                                         | Monday 08 Dec 2025                                                    | Tuesday 09 Dec 2025                                                                                           | Wednesday 10 Dec 2025                                                                                                                | Thursday 11 Dec 2025                                                             | Friday 12 Dec 2025                                                                                    |
|--------------------------------------------------------------------------------|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <b>Hillview</b><br>2 Grange Road,<br>South Harrow,<br>HA2 0LW<br>020 8422 4692 | <b>Portage</b><br><br>1-2:30pm<br><b>Inner light Yoga</b><br>Bookings | Partner service                                                                                               | 11-12 pm<br><b>Baby Stay and play</b><br>( birth- 18 months)<br>Drop in<br><br>1:30-2:30<br><b>Sensory play</b><br>(birth – 4 years) | <b>9:30-11am</b><br><b>Learning through play</b><br>(birth - 4 years)<br>Drop in | <b>Blossom</b><br><b>CHWM</b><br><b>9:30-10:30</b><br><br>Blossom baby<br>massage<br>Booking required |
| <b>Gange</b><br>68 Canning<br>Road,<br>Wealdstone,<br>HA3 7SN<br>020 8427 0134 | 10-11:30am<br><b>Learning through play</b><br>(0-5 yrs)               | 11-12<br><b>Baby group</b><br>(birth- 18 months)<br><br>1:30-2:30pm<br><b>Stories come alive</b><br>(0-5 yrs) | Health ASQ's                                                                                                                         | 9:30-11:30<br>Childminders group                                                 | 10 – 11am<br><b>Talk and Play</b><br>(18 months plus)                                                 |

# East Family Hub

| Venues                                                                         | Monday 08 Dec 2025                                                                                                                                                                      | Tuesday 09 Dec 2025                                                                       | Wednesday 10 Dec 2025                                                                                                                            | Thursday 11 Dec 2025                                                            | Friday 12 Dec 2025                                                                   |
|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton, HA3 9HZ<br>020 8416 8400    | 10-12pm<br>Or<br>12:30-2:30pm<br>Homestart<br><br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session)<br><br>1:30-3pm<br>Virtual Behaviour workshop | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm                               | HENRY Programme<br>Bookable service                                                                                                              | IMMS clinics                                                                    | IMMS CLINIC Bookings                                                                 |
| <b>Chandos</b><br><br>Chandos Crescent, Edgware, HA8 6HL.<br>020 8736 6550     | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm                                                    |                                                                                           | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                                                                                  | <b>Stories &amp; Rhymes</b><br>0-5yrs<br>Drop in<br>10 – 11.30am                | <b>Islamic Cultural Society</b>                                                      |
| <b>Stanmore Park</b><br><br>William Drive, Stanmore, HA7 4FZ.<br>020 8736 6480 | <b>Toddler Group</b><br>0-3yrs<br>Drop in<br>10 – 11.30am                                                                                                                               | <b>Partner Service AM</b><br><br>Imagine & Play<br>0-5yrs<br>Drop in<br><br>1.30 – 2.45pm | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Healthy Living Stay &amp; Play</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>Partner Service Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in |

# West Family Hub

| Venues                                                                                                    | Monday 08 Dec 2025                                                                                                                          | Tuesday 09 Dec 2025                                                                                                                  | Wednesday 10 Dec 2025                                                                                                                 | Thursday 11 Dec 2025                                                                                                                         | Friday 12 Dec 2025                                                                   |
|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Cedars</b><br>Whittlesea<br>Road, Harrow,<br>HA3 6LS.<br>020 8736<br>6222                              | <b>Babbling Babies</b><br>Prenatal – Crawlers<br>10 – 11.15am<br>Drop in<br><br><b>Stories &amp; Rhymes</b><br>1 – 2pm<br>Drop in<br>0-5yrs | <b>Virtual Bespoke<br/>Parenting Programme<br/>AM<br/>(Bookable)</b><br><br><b>Sensory Play</b><br>1 – 2.30pm<br>Drop in<br>0 – 5yrs | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in                                                                 | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through Play</b><br>1.30 – 3pm<br>Drop in<br>0-5yrs         | <b>Outdoor play – little<br/>adventurers</b><br>10.30 - 11.30am<br>Drop in<br>0-5yrs |
| <b>The<br/>Pinner<br/>Centre</b><br><br>Chapel Lane<br>Car Park,<br>Pinner<br>HA5 1AA<br>020 8424<br>1460 |                                                                                                                                             | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus                                                                        | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>10 – 11.30am<br><br><b>Imagine &amp; Play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in<br><br><b>Stories Come Alive</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm |                                                                                      |
|                                                                                                           |                                                                                                                                             |                                                                                                                                      |                                                                                                                                       |                                                                                                                                              |                                                                                      |

# Central Family Hub

| Venues                                                                             | Monday 15 Dec 2025                                                | Tuesday 16 Dec 2025 | Wednesday 17 Dec 2025                                                                                                                  | Thursday 18 Dec 2025                                                             | Friday 19 Dec 2025                                            |
|------------------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------|
| <b>Hillview</b><br>2 Grange Road,<br>South Harrow,<br>HA2 0LW<br>020 8422 4692     | <b>Portage</b><br>1-2pm<br><b>Stories come alive</b><br>(0-5 yrs) | Partner service     | 11-12 pm<br><b>Baby Stay and play</b><br>( birth- 18 months)<br>Drop in<br><br>1:30-2:30pm<br><b>Sensory play</b><br>(birth – 4 years) | <b>9:30-11am</b><br><b>Learning through play</b><br>(birth - 4 years)<br>Drop in | Blossom baby<br>massage<br>Booking required                   |
| <b>Gange</b><br><br>68 Canning<br>Road,<br>Wealdstone,<br>HA3 7SN<br>020 8427 0134 | 10-11:30am<br><b>Learning through play</b><br>(0-5 yrs)           |                     | Health ASQ's                                                                                                                           | 9:30-11:30am<br>Childminders group                                               | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus |

# East Family Hub

| Venues                                                                         | Monday 15 Dec 2025                                                                                                                        | Tuesday 16 Dec 2025                                         | Wednesday 17 Dec 2025                                                                                                                            | Thursday 18 Dec 2025                                                                          | Friday 19 Dec 2025                                                                   |
|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Kenmore Park</b><br><br>Warneford Road, Kenton, HA3 9HZ<br>020 8416 8400    | 10-12pm<br>Or<br>12:30-2:30pm<br>Homestart<br><br><b>Home from Home group stay and play</b><br>(0-5yrs)<br>(please attend only 1 session) | 9:30-11:30am<br>weighing drop in<br><br>MMA clinic 9-3:30pm |                                                                                                                                                  | IMMS clinics                                                                                  | IMMS CLINIC Bookings                                                                 |
| <b>Chandos</b><br><br>Chandos Crescent, Edgware, HA8 6HL.<br>020 8736 6550     | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm      |                                                             | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>1.30 – 3pm                                                                                  | <b>Stories &amp; Rhymes</b><br>0-5yrs<br>Drop in<br>10 – 11.30am                              | <b>Islamic Cultural Society</b>                                                      |
| <b>Stanmore Park</b><br><br>William Drive, Stanmore, HA7 4FZ.<br>020 8736 6480 | <b>PAFT Toddler Group</b><br>0-3yrs<br>Drop in<br>10 – 11.30am                                                                            | <b>Partner Service AM</b>                                   | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Healthy Living Stay &amp; Play</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>Partner Service</b><br><br><b>Let's Get Physical</b><br>0-5yrs<br>Drop in<br>1.15 – 2.45pm | <b>PAFT baby</b><br>womb to world<br>Prenatal to Crawlers<br>10 – 11.30am<br>Drop in |

# West Family Hub

| Venues                                                                                         | Monday 15 Dec 2025                                                                                                                                                                                           | Tuesday 16 Dec 2025 | Wednesday 17 Dec 2025                                                                                                                 | Thursday 18 Dec 2025                                                                                                                         | Friday 19 Dec 2025                                                               |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Cedars</b><br><br>Whittlesea Road, Harrow,<br>HA3 6LS.<br>020 8736 6222                     | <b>Babbling Babies</b><br>Prenatal – Crawlers<br>10 – 11.15am<br>Drop in<br><br><b>Stories &amp; Rhymes</b><br>1 – 2pm<br>Drop in<br>0-5yrs<br><br><b>2-year checks</b><br>1.00 – 3.30pm<br>Bookable Service |                     | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11am<br>Drop in<br><br><b>Weaning Party</b><br>Call to book a place<br>2 – 3pm  | <b>TALK &amp; Play</b><br>10 – 11am<br>Drop in<br>18mths plus<br><br><b>Learning Through Play</b><br>1.30 – 3pm<br>Drop in<br>0-5yrs         | <b>Outdoor play – little adventurers</b><br>10.30 - 11.30am<br>Drop in<br>0-5yrs |
| <b>The Pinner Centre</b><br><br>Chapel Lane<br>Car Park,<br>Pinner<br>HA5 1AA<br>020 8424 1460 |                                                                                                                                                                                                              |                     | <b>Learning Through Play</b><br>0-5yrs<br>Drop in<br>10 – 11.30am<br><br><b>Imagine &amp; Play</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm | <b>PAFT Baby Group</b><br>Prenatal – Crawlers<br>10 – 11.30am<br>Drop in<br><br><b>Stories Come Alive</b><br>0-5yrs<br>Drop in<br>1 – 2.30pm |                                                                                  |

Partner Delivery

| Venues                                                     | Group                                                                                                                                                  | Dates                               | Times                                                                  |
|------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------------------------------------------|
| Hillview                                                   | <b>Portage group</b><br><b>Blossom baby massage</b><br><b>Health clinic drop in</b>                                                                    | Monday<br>Friday<br>Friday          | 10-11:30am<br>1-2:30pm<br>1 - 3pm                                      |
| Kenmore Park                                               | <b>Homestart</b><br><b>Stay and play</b><br><b>(0-5)</b><br><br><b>Healthy visitor</b><br><b>Weighing drop in Clinic</b><br><br><b>Health bookings</b> | Monday<br><br>Tuesday<br><br>Friday | 10-12pm<br>Or<br>12:30-2:30pm<br><br>9:30am - 11:30am<br><br>12-3:30pm |
| Gange                                                      | <b>Health ASQ's</b><br>(Please note the nearest parking is<br>Peel House Car Park HA3 7AE)<br><b>Childminders group</b>                                | Wednesday<br><br>Thursday           | 9am -3pm<br><br>9:30-11:30am                                           |
| Cedars                                                     | <b>Health Visitor Clinic</b><br><b>Baby Feeding Clinic</b><br><b>Children's Sensory Team</b>                                                           | Thursdays<br>Thursdays<br>Tuesdays  | 9.30 – 11.30am<br>9.30am – 12.30pm<br>By appointment only              |
| Chandos<br>Stanmore Park<br>Pinner Centre                  | <b>Health Visitor Clinics</b>                                                                                                                          | Dates are stated within appointment | By appointment only                                                    |
| Cedars<br>Whitefriars<br>Kenmore Park<br>The Pinner Centre | <b>Midwifery Appointments</b>                                                                                                                          | Across the week                     | By Appointment only                                                    |

| Workshops                                                           |                                                                             |                            |                                      |
|---------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------|--------------------------------------|
| Venues                                                              | Theme                                                                       | Time                       | Dates                                |
| Virtual workshop<br>Call Kenmore to book on<br>020 8416 8400        | Managing challenging behaviour 3-9<br>years –avoiding physical chastisement | 1:30-3pm                   | 08 December 2025                     |
| <b>Virtual workshop</b><br>Call Kenmore to book on<br>020 8416 8400 | Toilet Learning                                                             | 1:30-3pm                   | 10 <sup>th</sup> November 2025       |
| <b>Virtual Workshop</b><br>Call Cedars to book on<br>020 8736 6222  | Managing challenging behaviour 3-9<br>years –avoiding physical chastisement | 1.30 - 3pm<br>10 – 11.30am | 12 November 2025<br>03 December 2025 |
| <b>Virtual Workshop</b><br>Call Cedars to book on<br>020 8736 6222  | Managing Emotions                                                           | 10 – 11.30am               | 21 November 2025                     |
| Cedars<br>Kenmore Park                                              | <b>CAMHS Under 5</b>                                                        | By Appointment only        | Call to find out more                |



## Weaning

| Venues                                                                                     | Theme                   | Time      | Dates                                |
|--------------------------------------------------------------------------------------------|-------------------------|-----------|--------------------------------------|
| <b>Virtual Weaning Workshop</b><br>Call Cedars on<br>020 8736 6222                         | Weaning Workshop        | 12 – 1pm  | 12 November 2025<br>10 December 2025 |
| <b>Cedars</b><br><br>Whittlesea Road, Harrow,<br>HA3 6LS.<br>020 8736 6222<br>Call to book | Wednesday Weaning Party | 2 – 3pm   | 26 November 2025<br>17 December 2025 |
| <b>Cedars</b><br><br>Whittlesea Road, Harrow,<br>HA3 6LS.<br>020 8736 6222<br>Call to book | Saturday Weaning Party  | 10 – 11am | 06 December 2025                     |

## Saturday Offer

| Venue                                                                           | Theme                 | Time         | Dates            |
|---------------------------------------------------------------------------------|-----------------------|--------------|------------------|
| <b>Hillview</b><br><br>2 Grange Road, South Harrow,<br>HA2 0LW<br>020 8422 4692 | Learning through Play | 10 – 11.30am | 08 November 2025 |
|                                                                                 | Fathers Group         | 10 – 11.30am | 29 November 2025 |