

Timetable

Early Help & Support Family Hubs

0 – 19 / 25 years

Small Steps, Lasting Change



Cedars Hub

020 8736 6222

Hillview Hub

020 8422 4692

Wealdstone Hub

020 8416 8667

Early Support is a free service available to all those living in Harrow. (Including NRPF)
Early Support groups are drop in unless stated otherwise.

Check out the timetable to see what sessions you can drop in to!

You will still need to call & book into some sessions so please do double check the timetable.

Please note numbers are limited to keep us all safe!

★ **New Look timetable** ★

Thank you to the families that shared feedback around the timetable format we have listened to what was said & designed a new look timetable – it may take some time to get used to however we hope over time it makes it easier for families to get the information they need about services they want to access – we will continue to review & improve.

Hub details

Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 0LW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:



www.facebook.com/harrowcc

Prenatal – Crawlers			
Venue	Group	Time	Dates
Cedars	Babbling Babies	10 – 11.30am	Monday 29 July 2024 Monday 12 August 2024
Cedars	PAFT baby Group	10 – 11am	Wednesday 31 July 2024 Wednesday 07 August 2024 Wednesday 14 August 2024 Wednesday 21 August 2024
Pinner Centre	PAFT Birth - Crawlers	1.30 – 2.30pm	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024 Thursday 29 August 2024
Hillview	Baby Stay and play (birth – 18 months)	9.30 - 10.30am Or 11am – 12 pm Please only attend one group	Wednesday 31 July 2024 Wednesday 14 August 2024 Wednesday 28 August 2024
Kenmore Park	Baby stay and play (birth – 18 months)	1.30 - 2.30pm	Wednesday 31 July 2024 Wednesday 14 August 2024
Kenmore Park	Sensory play (birth- crawlers)	1.30 - 2.30pm	Friday 02 August 2024 Friday 09 August 2024 Friday 16 August 2024 Friday 23 August 2024
Gange	Baby stay and play (birth – 18 months)	11am – 12pm	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024 Thursday 22 August 2024 Thursday 29 August 2024

For health and safety reasons, our baby groups are for the ages/stages stated only

Weaning workshop is recommended from 4.5 - 5 months to get the information you need before you introduce foods.

The weaning party, is for babies over 6 months. You will get an opportunity to try finger foods, and home cooked, vegetarian foods

Infant feeding & Weaning			
Venue	Group	Time	Dates
Virtual – book via Cedars	Weaning Workshop	12 – 1pm	Tuesday 13 August 2024
Cedars	Weaning Party Book via Cedars	PM	Wednesday 28 August 2024

Mixed ages (Best suited for 0 – 5 years – siblings welcome)			
Venue	Group	Time	Dates
Cedars	Stories & Rhyme Time	1 – 2pm	Monday 29 July 2024 Monday 12 August 2024
Cedars	Healthy Living Stay & Play	1 – 2.30pm	Monday 05 August 2024
Cedars	Making Music	10 – 11.30am	Monday 19 August 2024
Cedars	Arts & Crafts	1 – 2.30pm	Monday 19 August 2024
Whitefriars	Making Music	10 – 11.30am	Monday 05 August 2024 Monday 12 August 2024
Stanmore Park	Stay & Play – Transitions to nursery / School	10 – 11.30am	Tuesday 06 August 2024 Tuesday 13 August 2024 Tuesday 20 August 2024 Tuesday 27 August 2024
Whitefriars	Let's Get Physical	10 – 11.30am	Tuesday 06 August 2024 Tuesday 13 August 2024 Tuesday 20 August 2024
Cedars	Fun with Science	1 – 2.30pm	Tuesday 06 August 2024 Tuesday 13 August 2024 Tuesday 20 August 2024
Stanmore Park	Walk & Talk to the Park <i>Meet at Stanmore Park Children's Centre</i>	1 – 2.30pm	Tuesday 30 July 2024
Pinner Centre	Art in the Park	1.30 – 2.30pm	Tuesday 06 August 2024
Pinner Centre	Fun at the Park – <i>Parachute games, sports etc</i>	1.30 – 3pm	Tuesday 13 August 2024
Stanmore Park	Indoor & Outdoor Play	1 – 2.30pm	Tuesday 06 August 2024
Cedars	Learning Through Play	10 – 11.30am	Wednesday 28 August 2024
Whitefriars	Learning Through Play	10 – 11.30am	Wednesday 31 July 2024 Wednesday 07 August 2024 Wednesday 14 August 2024 Wednesday 21 August 2024
Cedars	Movers & Shakers	1 – 2pm	Wednesday 31 July 2024
Cedars	Cooking Group 4 – 9 years - CALL TO BOOK	1 – 2.30pm	Wednesday 07 August 2024 Wednesday 14 August 2024
Stanmore Park	Arts & Crafts	1.30 – 3pm	Wednesday 31 July 2024 Wednesday 07 August 2024 Wednesday 14 August 2024
Whitefriars	Indoor & Outdoor Play	1 – 2.30pm	Wednesday 31 July 2024 Wednesday 07 August 2024 Wednesday 21 August 2024
Pinner Centre	Stories Come Alive	10 – 11am	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024 Thursday 29 August 2024

Mixed ages (Best suited for 0 – 5 years – siblings welcome)			
Venue	Group	Time	Dates
Whitefriars	Arts & Crafts	10 – 11.30am	Thursday 01 August 2024
Cedars	Imagine & Play	1.30 – 3pm	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024
Whitefriars	Fun with Science	1.30 – 3pm	Thursday 01 August 2024
Whitefriars	Learning Through Play	1.30 – 3pm	Thursday 08 August 2024 Thursday 15 August 2024
Cedars	Little Adventures – Outdoor Play	10.30 – 11.30am	Friday 02 August 2024 Friday 09 August 2024
Kenmore Park	Arts and Crafts	10 - 11:30am	Monday 05 August 2024 Monday 19 August 2024
Kenmore Park	Messy Play	10 - 11am	Friday 02 August 2024 Friday 09 August 2024
Kenmore Park	Stories come alive	10 - 11am	Wednesday 21 August 2024
Hillview	Imagine & Play	10 - 11:30am	Monday 05 August 2024 Monday 12 August 2024 Monday 19 August 2024
Hillview	Stories Come Alive	10 - 11am	Tuesday 6 August 2024 Tuesday 13 August 2024 Tuesday 20 August 2024 Tuesday 27 August 2024
Hillview	Learning Through play	10 - 11.30am	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024 Thursday 22 August 2024 Thursday 29 August 2024
Hillview	Messy Play	1 - 2pm	Monday 05 August 2024 Monday 12 August 2024
Gange	Messy Play	10 - 11am	Wednesday 31 July 2024
Gange	Messy Play	1 - 2pm	Wednesday 14 August 2024 Wednesday 21 August 2024
Gange	Stay and Play Transition to nursery/school	1 - 2:30pm	Tuesday 06 August 2024 Tuesday 13 August 2024 Tuesday 20 August 2024 Tuesday 27 August 2024

0 – 5 years only			
Venue	Group	Time	Dates
Cedars	Find your Voice 0 – 5 years BOOKED PLACES – CALL TO BOOK	10.30 – 11.30am	Tuesday 13 August 2024 Tuesday 20 August 2024 Tuesday 27 August 2024 Tuesday 03 September 24
Hillview	Find your Voice 0 – 5 years BOOKED PLACES – CALL TO BOOK	1.30 – 2.30pm	Tuesday 13 August 2024 Tuesday 20 August 2024 Tuesday 27 August 2024 Tuesday 03 September 24
Speech & Language Focused Groups for 18 months + (siblings welcome in school holidays)			
Venue	Group	Time	Dates
Chandos	TALK & Play	10 – 11am	Monday 29 July 2024 Monday 05 August 2024 Monday 12 August 2024
Pinner Centre	TALK & Play	10 – 11am	Tuesday 06 August 2024
Stanmore Park	TALK & Play	10 – 11am	Wednesday 31 July 2024 Wednesday 07 August 2024 Wednesday 14 August 2024
Cedars	TALK & Play	10 – 11am	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024
Whitefriars	TALK & play	10 – 11am	Friday 02 August 2024 Friday 09 August 2024

2-year-Old Health & Development Checks or Transitional Checks			
Venue	Group	Time	Dates
Cedars	Development & Health Checks	PM	Monday 29 July 2024 Monday 12 August 2024

Workshops / Parenting Advice			
Venue	Group	Time	Dates
Cedars	Parenting advice appointments (Virtual / face to face)	8am – 12.30pm	Wednesday 31 July 2024 Wednesday 14 August 2024 Wednesday 21 August 2024 Wednesday 28 August 2024
Cedars	Health & Well-being advice appointments (Virtual / face to face)	9am – 12pm	Wednesday 07 August 2024
Chandos	Health & Well-being advice appointments (Virtual / face to face)	1 – 3pm	Thursday 08 August 2024
Chandos	Transitions Parenting Advice Session	1 – 3pm	Thursday 15 August 2024
Virtual – Book via Cedars	Promoting Independence Workshop Call to book	4 – 5pm 1 – 2pm	Tuesday 13 August 2024 Thursday 29 August 2024
Virtual – book via Cedars	Challenging behaviour 4-9 years	6- 7.30pm	Thursday 1 August 2024
Virtual- book via Gange	Managing emotions	6 – 7.30pm	Wednesday 21 August 2024

Parenting advice sessions through Groups			
Venue	Group	Time	Date
Hillview	Stories Come Alive Including Toilet learning advice	10 – 11am	13 August 2024
Hillview	Stories Come Alive Including Safety Advice	10 - 11am	06 August 2024
Hillview	Imagine and play Including oral health advice	10 – 11.30am	05 August 2024
Hillview	Learning through Play Including Healthy eating advice	10 - 11.30am	08 August 2024
Pinner	Stories Come Alive Including Toilet learning advice	10 – 11am	08 August 2024
Whitefriars	Learning Through Play Including Toilet learning advice	10 – 11.30am	07 August 2024
Chandos	Stories Come Alive Fussy Eating advice	10 – 11.30am	06 August 2024
Gange	Baby stay and play Including healthy eating advice	11am - 12pm	08 August 2024

Partner Delivery			
Venue	Group	Time	Dates
Gange	Health Visitor clinic	9.30 - 11.30am	Monday 29 July 2024 Monday 05 August 2024 Monday 12 August 2024 Monday 19 August 2024
Kenmore Park	Health Visitor clinic	9.30 - 11.30am	Tuesday 06 August 2024 Tuesday 13 August 2024 Tuesday 20 August 2024 Tuesday 27 August 2024
Hillview	Portage bookings	1-2pm	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024 Thursday 22 August 2024 Thursday 29 August 2024
Hillview	Health Clinic	1 – 3pm	Friday 02 August 2024 Friday 09 August 2024 Friday 16 August 2024 Friday 23 August 2024 Friday 30 August 2024
Cedars	Health Visitors Clinic	9.30 – 11.30am	Thursday 01 August 2024 Thursday 08 August 2024 Thursday 15 August 2024 Thursday 22 August 2024 Thursday 29 August 2024
Chandos Stanmore Park	Health Visitor Clinics	By appointment only	Dates are stated within appointment
Cedars Whitefriars Kenmore Park The Pinner Centre	Midwifery	By appointment only	Across the week
Cedars Whitefriars	CAMHS Under 5	Call to find out more	Monday, Tuesday & Wednesdays
Cedars	Children's Sensory Team	By appointment only	Tuesdays - Term Time only
Various centres	Portage Harrow Horizons Compass Tutoring CAMHS	By appointment only	Dates are stated within appointment

Safeguarding is

EVERYONE'S RESPONSIBILITY

If you are concerned about a child call
020 8901 2690 on weekends or after 5pm call
020 8424 0999

Domestic Abuse Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number **020 8901 2690** or the DA helpline on **020 8907 8148** 24 hrs **0808 2000 247**
 Stay safe!

CALLING ALL PARENTS & YOUNG PEOPLE

If you are interested in volunteering, becoming a parent / Young person's ambassador, creating the newsletter or sharing your views please contact

020 736 6222 & ask for more information about opportunities in Harrow
 Early Support & Family Hubs