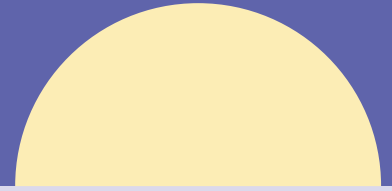


Harrow Horizons



Harrow Horizons is an emotional well-being service for families, delivered by Anna Freud. The service offers support to children and young people from 0 to 18, and up to 25 for young people with special needs.

The service works with adults close to a young person so that they can support the young person better, this includes parents, carers and professionals.

We support families through:

- Brief evidence-based interventions
- Individual and group parenting support programmes
- Parent webinars on common issues of need

We support professionals through:

- Individual consultations



Referrals can be made by young people, parents/carers, schools and professionals.

To find out more about Harrow Horizons, visit annafreud.org/harrowhorizons or call 0300 030 2313.

To complete a referral scan the QR code or visit forms.office.com/e/wZyZGXZaHZ



In order to refer to us, the child must have a Harrow home address and attend a Harrow school, and proof of consent must be obtained.



Anna Freud