

Dear Parent / Carer,

### **Flu / winter readiness**

We know that most of your children will be up to date with their vaccinations (immunisations). Thank you. This not only protects your child from several contagious and potentially serious diseases, but also protects vulnerable members of your family and our community.

For the upcoming winter season, it is particularly important for your child to get the influenza (flu) vaccine to protect them and the wider community, as COVID-19 is still circulating. All children aged 2 or 3 will be offered the nasal flu vaccination by their GP. All children in Reception to Year 11 will be offered the vaccination by the school-aged immunisation team.

Parents / carers who wish to have their child vaccinated against flu, should contact the school-aged immunisation team and attend a drop-in clinics. Your child's school does not permit the immunisation team to deliver flu vaccinations in school.

### **School-aged immunisation team**

**Landline:** 020 8102 6333 **Mobile:**  
07814253095

**Email:**

[CLCHT.harrowimmunisationteam@nhs.net](mailto:CLCHT.harrowimmunisationteam@nhs.net)

The flu nasal vaccine contains a processed form of gelatine (porcine gelatine), which is used in a range of essential medicines. The gelatine helps to keep the vaccine stable, so that the vaccine can provide the best protection against flu.

If your child is at high risk from flu because of one or more medical conditions or treatments and cannot have the nasal flu vaccine, they should have the injected flu vaccine.

If you do not accept the use of porcine gelatine in medical products, you should discuss your options with your nurse or doctor.

All London general practices have adapted their delivery of vaccinations to ensure that they are safely vaccinating children in COVID-19 secure venues with infection control measures in place.

<b>Childhood Immunisation schedule</b>	
	<b>Vaccine</b>
8 weeks	6-in-1 vaccine (1 <sup>st</sup> dose) Rotavirus vaccine (1 <sup>st</sup> dose) MenB (1 <sup>st</sup> dose)
12 weeks	6-in-1 vaccine (2 <sup>nd</sup> dose) Pneumococcal (PCV) vaccine Rotavirus vaccine (2 <sup>nd</sup> dose)
16 weeks	6-in-1 vaccine (3 <sup>rd</sup> dose) MenB (2 <sup>nd</sup> dose)
1 year	Hib/MenC (1 <sup>st</sup> dose) Pneumococcal (PCV) vaccine (2 <sup>nd</sup> dose) MMR (1 <sup>st</sup> dose) MenB (3 <sup>rd</sup> dose)
2 years to 15 years	Flu vaccine (each year from September)
3 years to 4 months	MMR (2 <sup>nd</sup> dose) 4-in-1 pre-school booster
12 to 13 years	HPV vaccine (for boys and girls)
14 years	3-in-1 teenage booster MenACWY

Please note: The arrangements for flu vaccination are separate from the Covid-19 vaccine for 12-15 year olds. Communication for the Covid-19 vaccine and subsequent pop up clinics are being sent separately to the advice regarding the flu vaccine

For a checklist of the vaccines visit [www.nhs.uk/vaccinations](http://www.nhs.uk/vaccinations).

Yours faithfully,

A handwritten signature in black ink, appearing to read 'Carole Furlong', written in a cursive style.

Carole Furlong  
Director of Public Health

NHS guides as to why flu vaccinations are important:

- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/999276/PHE\\_protecting\\_your\\_child\\_against\\_flu\\_leaflet\\_information\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/999276/PHE_protecting_your_child_against_flu_leaflet_information_for_parents.pdf)
- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/1005123/PHE\\_12053\\_flu\\_vaccination\\_2021\\_2022\\_leaflet.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1005123/PHE_12053_flu_vaccination_2021_2022_leaflet.pdf)

# flu: 5 reasons to vaccinate your child



## 1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

## 2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

## 3. No injection needed

The nasal spray is painless and easy to have

## 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

## 5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

Flu  mmunisation

Helping to protect children, every winter

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If you want to order more copies of this poster, please visit: [healthpublications.gov.uk/home.html](http://healthpublications.gov.uk/home.html) or call 0300 123 1000.

NHS guides as to why flu vaccinations are important:

- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/999276/PHE\\_protecting\\_your\\_child\\_against\\_flu\\_leaflet\\_information\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/999276/PHE_protecting_your_child_against_flu_leaflet_information_for_parents.pdf)
- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/1005123/PHE\\_12053\\_flu\\_vaccination\\_2021\\_2022\\_leaflet.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1005123/PHE_12053_flu_vaccination_2021_2022_leaflet.pdf)