

Housing Advice

Homelessness and mental health

Mental health problems affect around one in four people in any given year. They can range from depression and anxiety, to rarer problems such as schizophrenia and bipolar disorder.

If you have a mental health problem and you are homeless or at risk of homelessness the effect of your current housing circumstances on your mental health will be considered.

You will be asked for information about your situation and for supporting evidence from your GP, Adult Social Care and/or the Community Mental Health Team (your Care Co-ordinator or named Lead Professional).

The council will consider the nature and extent of your mental illness, the relationship between your mental illness and your housing difficulties and the relationship between your mental illness and other factors such as drug/alcohol misuse, offending behaviour, challenging behaviour, your age and any personality disorder.

You may be assessed as having priority need if you are vulnerable as a result of mental ill health.

Harrow's Housing Advice Team's contact details are:

020 8424 1093

020 8863 5611 out of hours

housing.advice@harrow.gov.uk

The council will give you advice about finding somewhere to live. You may be entitled to help in finding accommodation. This is likely to be in the private rented sector.

Homelessness and leaving Mental Health Hospital Services

If you won't have anywhere to live after you have been discharged from mental health hospital services you should tell the hospital staff as soon as possible.

The hospital's discharge team may be able to help you.

If you are a Harrow resident they may refer you to Harrow Council for housing advice.

Support Services

Some Supported Housing and Floating Support services are available, subject to eligibility, and referrals can be made by Adult Social Care and/or the Community Mental Health Team.

Adult Social Care 02089012680 or ahadults@harrow.gov.uk

Useful Contacts

CNWL Single Point of Access Service
0800 0234 650

MIND in Harrow
Help for people experiencing mental health issues
www.mindinharrow.gov.uk
020 8426 0929
info@mindinharrow.org.uk

Harrow CAB
www.citizensadviceharrow.org.uk
020 8427 9477
advice@citizensadviceharrow.org.uk

SWISH

The Support and Wellbeing Information Service Harrow (SWISH) helps people in Harrow to access information about local services and advice about ways to keep safe and well.

020 8515 7867
support@SWISHHarrow.org.uk
www.harrowca.org.uk