

# Walking and public transport map

Welcome to Longfield Primary School's active travel map! Use this map to help you plan safe and active journeys to and from school.

You can use these maps to help you walk, cycle or use public transport to get to school.

If you travel to school by car, this map can help you find safe and convenient places to park and walk outside the 5 to 10 minute zones, avoiding busier and more congested roads.

Join the thousands of pupils in Harrow who are already choosing to walk, cycle or use public transport to get to school.



Walking is a free and easy way to stay fit and healthy. It is also a chance to spend time with friends and family and experience nature.









This map also shows which bus routes, trains or tubes can help you travel to Longfield Primary School.

To plan your journey and find out more about public transport in Harrow, visit the Transport for London website **www.tfl.gov.uk** 



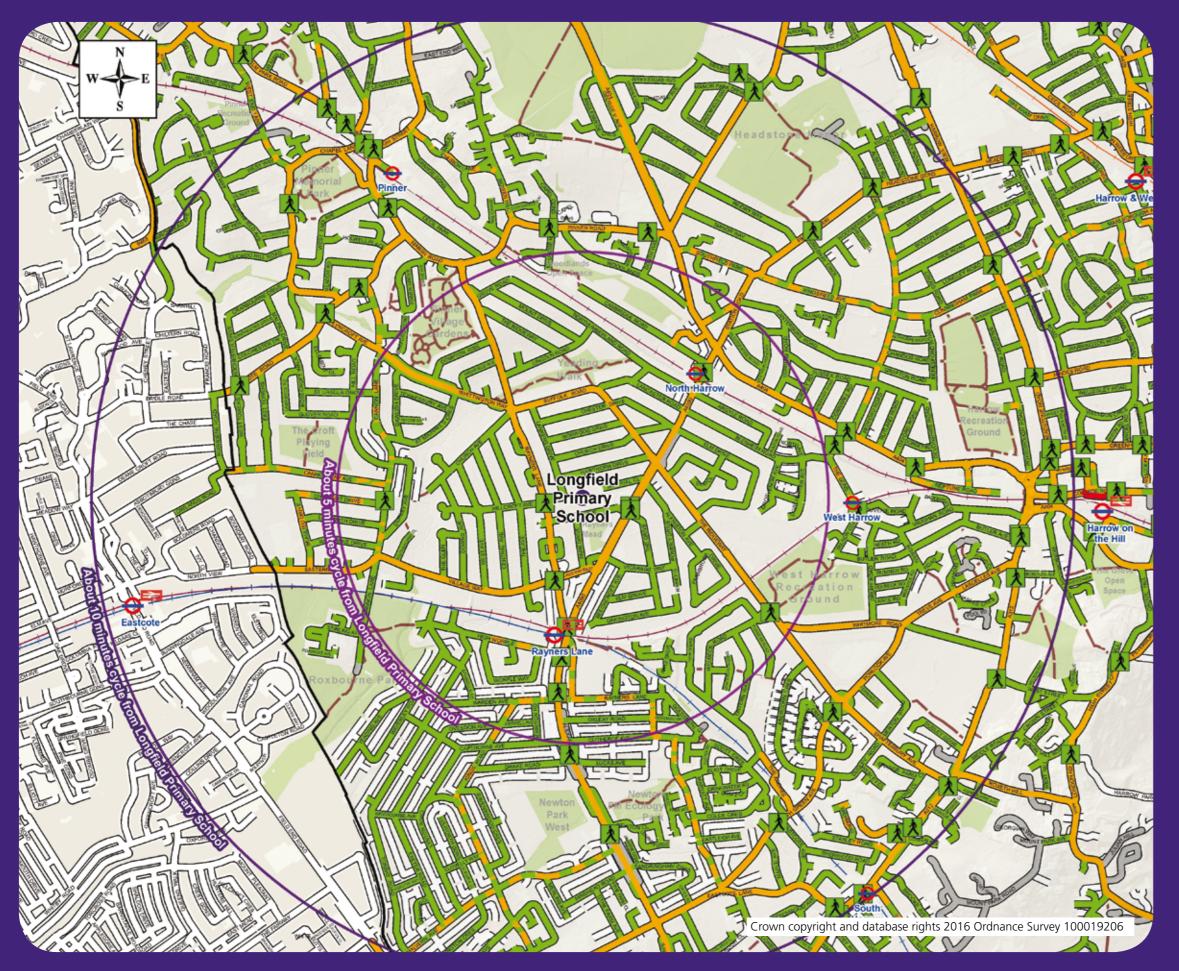
What's your favourite thing about walking to school?

#### **Bikeability**

Bikeability is a cycle training programme designed to improve cycling skills and confidence. There are three Bikeability levels, designed to help trainees with the basics of balance and control, all the way to planning and making independent journeys on busier roads. The roads are colour coded to show how suitable they are for cyclists of different Bikeability levels.

The grading was correct as of January 2016 and is subject to change. This map is advisory only and individuals travel at their own risk.

Estimated 5 Minute Cycle Estimated 10 Minute Cycle Estimated 10 Minute Cycle Minute Cycle Min	Parks Jubilee Bakerloo Chiltern Chiltern Metropolita Northern Overland Piccadily Mago created by Herow GIS Tesen © 2016
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### Travel to Longfield Primary School



## Cycling map – Bikeability levels

This map will help you plan a route to cycle to school based on your Bikeability and confidence levels.

#### **Cycling to school**

Cycling is a fun, fast and free way to travel and exercise. Free cycle training is available in Harrow for children and adults. Speak to your school or visit **www.harrow.gov.uk/cycling** to find out more.

Contact details Travel Planning Team Tel: 020 8424 1607 Email: travelplanning@harrow.gov.uk www.harrow.gov.uk

