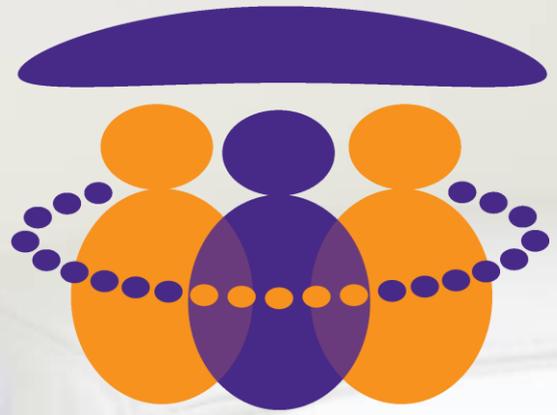




& our Partners,

Committed to
Safeguarding Adults



Harrow's Local Safeguarding Adults Board
(L.S.A.B.)

Signed up to and Committed to the
10 Dignity Challenges

www.harrow.gov.uk/safeguardingadults

safeguarding.adults@harrow.gov.uk

020 8420 9453 during office hours or:

020 8424 0999 at all other times



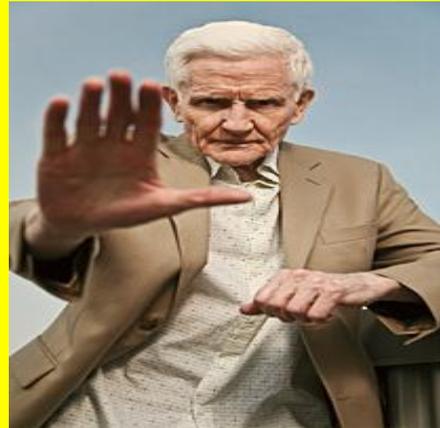
in partnership with:





Say NO to abuse

any type of abuse



Treat people the same

as you want to be treated





Treat everyone as an individual ...

... attend to their personal needs



Help people to do as much as they can for themselves



Help people be independent





Listen to what people want and need

Make them feel comfortable



Let people be private



when they want to





***Make sure people can
complain without being
punished***

or blamed for doing so



***Listen to what family
members and carers
have to say***



and respect their views





Help people to be confident

and try out new things



Help stop people feeling lonely



and make new friends





Adult abuse - break the silence **REPORT IT**

If you or someone you know is being abused, hurt or exploited, please call Harrow Council's Safeguarding Adults Service

Abuse can be physical, sexual, financial, psychological, discriminatory or neglect.

Safeguarding Adults Service

during office hours:

tel: **020 8420 9453**

at all other times

020 8424 0999

fax: **020 8416 8269**

email: **safeguarding.adults@harrow.gov.uk**

web: **www.harrow.gov.uk/safeguardingadults**