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#### Inside this issue







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Editor Helen Mannion Design Sarah Kenning Photography Scotty Robson & Lucy Baker five times a year by Harrow Council. It is distributed to every home in Harrow and all local libraries. Comments, products and services published do not necessarily carry the council's

www.harrow.gov.uk





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#### **CIIr Graham Henson Leader of Harrow Council**

Welcome to this summer edition of Harrow People - my first as leader of this council. I've been a councillor for 12 years already but I'm still learning some of the amazing things that our officers do each day. You can follow some of my busy first weeks in this magazine!

Our job, of course, is to collect bins, clean streets, and maintain roads and verges. But that's just the start – demands on the council are rising, especially for adult services, and our Government grant has been cut by 97% so delivering services will be a challenge.

My vision is for a place that all Harrow people can feel proud of, where they feel safe and where they want to live. I want people to know their council will always try to help the very best it can and that begins, for me, with community safety.

So for the next four years this council is making your safety one of our very biggest priorities. You'll see that reflected in this issue – as we highlight the men and women that keep us safe, and their victories over some really nasty criminals.

Enjoy the sunshine!

#### **Mayor-making**



here's a new Mayor in town – Cllr Kareema Marikar has represented West Harrow for the last eight years but is now the face for the whole of Harrow.

The Worshipful The Mayor Cllr Kareema Marikar was praised during her nomination as a popular and well known figure across West Harrow who would bring "great colour and excitement" to the role.

The Mayor has chosen two local charities to support for her year in office – the Rainbow Trust, which supports families with seriously ill children, and FirmFoundation, which supports the homeless in Harrow.



Talking about her nominated charities, Cllr Marikar said: "To be elected as the new Mayor of Harrow, my home for the past 28 years, fills me with great pride and joy.

"As a councillor I have met so many great people and organisations, and now during my term as Mayor, I am looking forward to getting to know my community even better!"

The Mayor's role is to support and promote community cohesion and offer a friendly ear to anyone who wants to talk – if you see her walking around, say hello.

## Follow the leader...

In May we welcomed Cllr Graham Henson as the new Leader of Harrow Council. He spent his first month getting a taste of daily life for residents and workers. Here's a glimpse of a typical day out and about with our teams....



It was an early start joining the refuse teams as they set off on rounds which see them cover 2.000 streets a week...



... Next up I went to Byron Road, where Joe, Bill and Steve were dealing with a huge fly-tip and looking for evidence to catch the culprits...



... and then on to an unlicensed HMO with housing enforcement officer Ozge - you may have spotted her on Channel 5's Rogue Landlords...



I rounded off my day speaking to news crews about our case that sent down the man who sold dodgy slimming pills which killed a woman

# HAPPENING WITH...? #ibackHAC #ibackHAC

#### ... HARROW ARTS CENTRE

We're making a bid to the GLA Good Growth Fund to invest in the future of Harrow Arts Centre. If successful we can increase the creative learning offer, build new spaces for creatives and create new job opportunities.

To help us win the bid money, people all over Harrow have been showing how much they love HAC by supporting the #ibackHAC campaign. Watch this space to find out how we get on, or check out Harrow Arts Centre's website for more info.

#### ... OUR LIBRARIES

Our libraries are full of brilliant books, but did you also know that they're packed with fun free events? And for those aged 4 to 11, there's an added challenge this summer – read six library books in the holidays and get whisked away to Beanotown for a mischievous treasure hunt. Dennis may still be in short trousers, but the Beano title is actually 80 years old this year. Our libraries are celebrating with interactive story sessions and craft activities on the theme of 'mischief makers'.

Catch the buzz in your local branch or at harrow.gov.uk/libraries.





#### . KIDS' HEALTH

Once upon a time a health visitor (who gives advice and support to families of preschool children) and a school nurse (who protects and promotes pupils' health) might never meet.

Now they are working together – thanks to a combined health visiting and school nursing service for 0- to 19-year-olds run for us by Central and North West London NHS Foundation Trust (CNWL).

It means Harrow's tens of thousands of children, young people and parents can access nursing sessions in all schools, and ensure reception-age children have eye checks and maintain healthier teeth and weight.

Breastfeeding support groups will continue.







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# YOU

...want to get rid of those small, broken and unwanted electrical items you've been hoarding and don't know what to do with...



If you live in Belmont, Marlborough, Kenton West wards and some roads in Kenton East, you can take part in a free trial of kerbside small electrical waste collections Use the pink bag provided by West London Waste Authority and fill it up with your small electrical items remove any batteries first!

WEEE

RECYCLING

Recycle Your Weste Electricals for the state of t

Book a collection date through our website – harrow.gov.uk/weee.
Remember you only get one collection between June and

collection between June and November so fill your bag as much as you can

# This is how WEEE do it...

Metals and plastics are separated so they can be recycled and have a new lease of life!





At our recycling centre, your electrical items will be sorted for recycling. If you're not in the four wards, please take electrical items to the recycling centre on Forward Drive. Remember you'll need your ID and proof of address

We've teamed up with West London Waste Authority to help you recycle your waste electrical and electronic equipment (WEEE). From old toasters and kettles to mobile phones and electronic games, if you fall within the pilot area you can get them recycled for free. Here's how...



Leave your pink bag outside near the edge of the property on the day of your collection (make sure it's not on public land or a highway)

# Landmark win in killer diet pill case

Last month Harrow Council won a landmark victory, securing the first ever manslaughter conviction of its kind after uncovering the sale of a poisonous slimming pill that led to a young woman's death.

tudent Eloise Parry, 21, died after taking 8 pills containing 2,4 dinitrophenol (DNP) which she had bought online from Bernard Rebelo.

Rebelo was selling the toxic pesticide as a fat burner and slimming aid. When Harrow Council environmental health officers raided his flat in 2016, they found enough DNP to make 200,000 capsules.

Rebelo was jailed for 7 years at Inner London Crown Court for manslaughter and supplying an unsafe food supplement.

Cllr Graham Henson, Leader of Harrow Council, said: "We brought this case because we



'We were the last chance for justice for the family of a vulnerable young woman'

were the last chance for justice for the family of a vulnerable young woman, who was poisoned by the vile toxins that this criminal knowingly peddled.

"Harrow Council had the best chance in years to bring those responsible to justice and help prevent the same fate befalling another innocent victim in the future. We simply had to take that chance."

Harrow Council officers raided the flat at Herga Court,





Sudbury Hill, in February 2016, where they uncovered Bernard Rebelo's workshop. Here, he prepared the DNP capsules to sell online worldwide, with some packets labelled as 'plant pigment dye' to evade customs.

Harrow Council undertook the prosecution itself because local authorities are the enforcing authority for food safety. It is illegal to sell DNP for human consumption in the UK and many other countries.

The court victory is the first time an online seller of DNP has been charged and convicted of manslaughter.

Harrow Council worked on the case with support from West Mercia Police and the Food Standards Agency's (FSA) National Food Crime Unit.

Dr Colin Sullivan, Chief Operating Officer at the FSA, said: "We acknowledge the great work that Harrow Council, working with our National Food Crime Unit, has done in preparing this landmark case for trial."

#### **Only In Harrow**

#### **ADRENALINE**

utside – a scorching summer day, and the bustle of Harrow Town Centre. But step through a little black door, a stone's throw from St George's, and you're in a world of cool, quiet and calm, decorated bright white.

This is ADRenaline Studios – Britain's first and only dubbing studio. If you're watching something on TV right now – Netflix maybe, or Apple TV – and it's dubbed into English (or a host of other languages, for that matter)... chances are, that dubbing happened here.

John Harley is the boss. Former session guitarist for the likes of Joy Division; and one-time UK CEO of Czech beer business Budweiser; his honeyed baritone booms a friendly greeting.

"Be careful!" he says, "Or I'll make you voice something for me before you go. This Chinese soap has 60 characters in it. Or I've got this French cartoon..."

Harley's voice was made for voiceovers. The studio



business was meant to be a sideline. "I left the rat race to escape 18-hour days, and here I am doing them again," he says, laughing. "My problem is, I just can't say no!"

Harley's story is classic entrepreneur: a chance phone call helped him spot a hole in the market which he rashly agreed to try to fill. A whole lot of passion and hard work later, and Harley's business has 7 employees, hundreds of voice actors on his books, clients around the world and credits including Blue Planet 2.

All done right here in Junction Road, Harrow. "This was a little church, beforehand, but I knew it would be perfect," he says.

"Better than my dining room anyway!"

Next up for John? A move into mixing – as he shows us Britain's first Dolby Atmos accredited mixing studio. So next time you're on the Met line from Baker Street – keep an eye out – as you might just spot a Hollywood star on their way to Harley's studiol



John Harley in the studio; inset, some of his ADRenaline staff at work

#### Rogues' gallery



#### Out on their ear

Neighbours in Churchill Place who have been living in fear of antisocial behaviour and gang activity from one property will no longer have to worry.

Louts were making life so miserable for others on the estate that the courts agreed the property needed to be closed and, on 23 May, the Police and Harrow Council's Community Safety Unit ordered them out. The flat is now being monitored to make sure the nuisance neighbours don't return.

Our officers are always on the lookout for bad behaviour, ready to step in to keep Harrow safe...



#### **Bungalow bungler**

A rogue landlord had to pay £370,000 for illegally extending a bungalow and ignoring warnings from planning officers.

Yunus Oomerjee, 56, from Slough let his tenants live in eight shoddily built flats with no building regulation, fire safety or electrical checks in an illegally converted bungalow on Eastcote Lane.

Oomerjee also made a mess of his defence in court – claiming no knowledge of the notices, then contradicting his own evidence. He won't be making the same mistake in a hurry.

#### **House of horrors**

Our housing enforcement officers had a lucky escape when they raided a Wealdstone property so dangerous the bathroom floor almost collapsed beneath them.

The landlord of the unregistered HMO claimed there were just two tenants living in the two-bed flat but officers found a sea of mattresses and home-made bunk beds.

As many as 18 people – including children – were living in the mould covered flat with faulty electrics and no working smoke detectors. The landlord cannot let the flat until it is repaired and we will be seeing them in court.



#### **Community Safety**

he first things you notice about Detective Chief Superintendent Simon Rose are his commanding presence and steely gaze – surely two essential attributes for the first-ever police chief for the tri-borough of Harrow, Barnet and Brent.

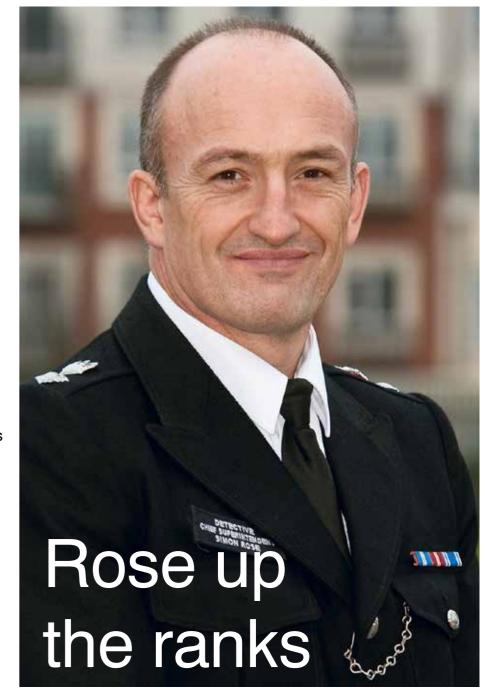
"I live in Barnet and served in Brent for years – I probably know Harrow the least," says Rose. "That means I am going to be spending a lot of time here, getting to know it. The increase in serious crime in Harrow is really concerning – so I am diverting resources into Harrow and putting a formulated plan in place."

DCS Rose has been true to his word – almost every day can be seen around the borough meeting officers, local groups and residents.

"We can't arrest our way out of our problems," he told Wealdstone residents at one community safety meeting. "We need to be smart, to keep young people out of the criminal justice system, which can become a revolving door and just make the situation worse."

DCS Rose is passionate about some of the most advanced initiatives in policing today – and bringing them to Harrow – from "designing out crime" in the built environment, to cutting-edge tailor-made prosecutions for young people and victim support.

"We need to use our



intelligence to protect people," he says, "not just be reactive, or concrete over problems – but address them at their roots in the right way".

Talking to DCS Rose, he quickly comes across as an inquisitive policeman with

'We can't arrest our way out of problems' a piercing intellect. This top cop has a Masters degree in Applied Criminology from one of the world's finest universities – Cambridge – and his written work is helping police around the world improve results and be more efficient.

We're sure to have more from DCS Rose in future Harrow People magazines – in the meantime, keep an eye out for him as he gets to know Harrow!

**Wedding feature Wedding feature** 



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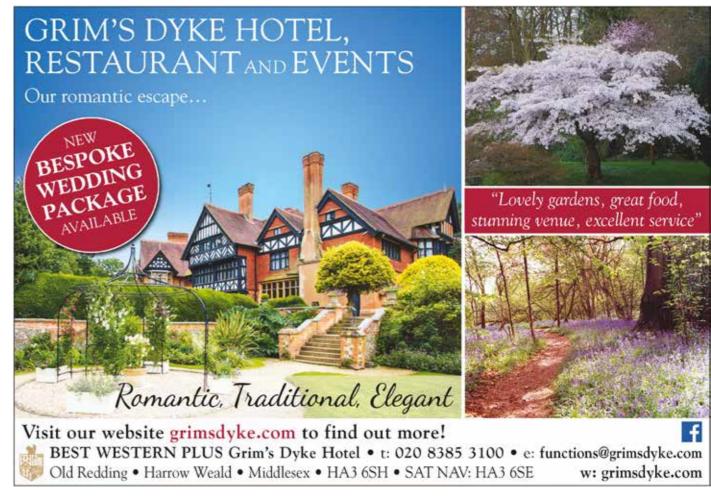
### It's your big day

We've seen how the royals do it. Now it's time to create a magical wedding, Harrow-style!

If it's traditional fairy tale setting you want, look no further than the Grimsdyke with its beautiful gardens. The Grade II-listed Great Barn at Headstone Manor also boasts an elegant setting for the happy couple to make their vows. Both are steeped in history and, rather aptly, located in the heart of Harrow.

Or wow guests with a modern twist. Bombay Central, specialising in large functions, has a team of chefs keen to create sumptuous platters – the icing on the cake of your big day.

Hair & Beauty Esthetic by Vertigo is also on hand for all your hair and beauty requirements. Whether you and your bridesmaids need a bit of pampering before the big day or you want to know you'll look your best and feel confident in front of all of your quests, call for a consultation today.





Harrow People 15 14 Harrow People

Up Your Street Queensbury

We took a spin around Queensbury circle and found a hub of creativity and style...



■ Kenton Photographic Services has been going since 1981. It's run by Kanti, Amu, Mehal and Jeya. "We do the lot here – studio photography, printing, processing, framing... everything."



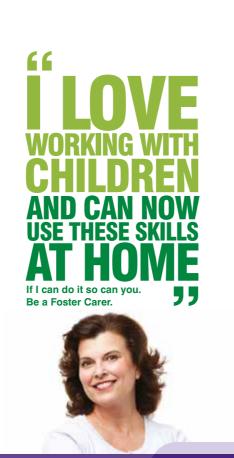
■ Trendy Togs boutique is full of beautiful clothes. It's been Kaushik's business for 41 years, "I've always loved fashion – most of our garments come direct from Paris or Florence."











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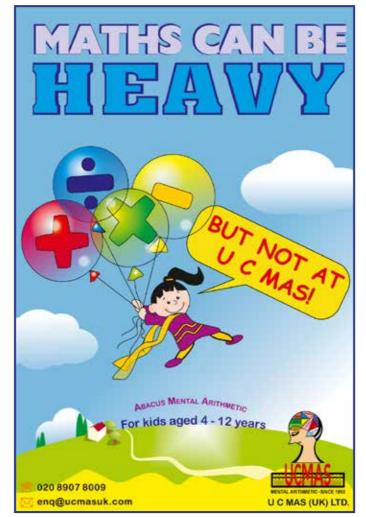


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#### Harrow's Heroes

## Not all heroes wear capes!

n September we'll be celebrating all the amazing people who make Harrow a special place to live and work.

Now is your chance to thank our heroes who sacrifice their time and energy to go above and beyond their call of duty to help improve the lives of others and their

From our volunteers, Scouts, mentors, and litterpickers to our teachers and emergency services, there are thousands of selfless people who live or work in Harrow making a huge difference often without the recognition they deserve.

So what are you waiting for – fill in the form and post it back by 29 July or do it online by



### 2018 Harrow's Heroes

Nominations are now open for our annual awards celebrating the amazing work of people across the borough.

We want to hear the stories behind the fantastic people who help make Harrow a special place to live and work - and give them the recognition they deserve.

From volunteering, acts of kindness, to changing or saving lives - if you know someone, or a team, who make a big contribution to their community, nominate them today.

Winners will be announced at a grand ceremony at the Kadwa Patidar Centre in Harrow on September 18, when awards will be presented.

Deadline for nominations is Sunday 29 July 2018.

You can also fill in this form online at www.harrow.gov.uk/harrowsheroes

#### **Nomination form**

Who are you nominating?

The nominee(s) must live in Harrow or work for an organisation that serves Harrow residents. If they are volunteers, they must have been doing volunteer work in the last six months. See website for full terms and conditions

Time are year normaling.					
Their Name					
Their age	25 and under	25 to 65	65 and over	Is this a team?	
Organisation	and/or address				
Their Email					
Telephone					

In no more than 30 words please explain why you are nominating this person/team

Harrow's Heroes 2018 community awards



20 Harrow People Harrow People 21

#### In no more than 250 words, please explain what the nominee does

To help you fill in this section, below are some examples of things you can tell us about.

- Has this person inspired someone?
- Have they made an outstanding contribution?
- How long have they been volunteering?
- How have they made your neighbourhood better?
- · How do they stand out?
- Have they overcome personal barriers?
- How do they help the community?
- · What difference have they made?



#### How did you hear about Harrow's Heroes?

#### Your contact details

Name	
Email	
Telephone	
Signature	Date

#### Please return this form by 29 July 2018

Once completed, please email the form to harrowsheroes@harrow.gov.uk or post to Harrow's Heroes Award 2018, Communications, Middlesex Floor, East Wing, Civic Centre, Station Road, Harrow, HA1 2XY. If you have any questions about the awards or would like help filling in this form, email harrowsheroes@harrow.gov.uk or call 020 8424 1857.

#### Harrow's Heroes 2018 community awards









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#### **Private Fostering** Arrangements

Harrow Council is committed to safeguarding children and young people living in the borough. At times children are unable to live with their birth parents or close relatives, referred to under the law for many different reasons. A child who lives with a family friend, a great aunt or cousin for more than 28 days is referred to under the law as a **Private Fostering** Arrangement.

Children under the age of 16 (18 if disabled) can be privately fostered. If you know of a child that is living in such an arrangement please inform us as soon as possible. If in doubt, please contact the **Duty and Assessment** Team on 020 8736 6942.



For advice and contact the **Family Placement Team** 020 8736 6971



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#### Council notices

#### **Parking Notice**

It has come to the Council's attention, as a result of a recent Local Government Ombudsman investigation, that some car owners may not have received refunds of enforcement fees to which they were entitled. A refund is appropriate only where the following circumstance applies:

From 1st April 2015 - 31st May 2017 a payment was made to the enforcement agent, but a revoking order was subsequently accepted by the Traffic Enforcement Centre (TEC), and a revoking order

Anyone who may have been affected can contact the authority by writing to Parking Enforcement at the address below, providing details of their particular case and quoting the PCN reference number so it may be evaluated. If appropriate, monies paid will be refunded.

Harrow Civic Centre, Station Road, Harrow HA1 2XY

*Harrow*council`

Want to reach this market too? See rates and further information at harrow.gov.uk/ratecard

WHAT'S

#### HARROW ARTS CENTRE

www.harrowarts.com

#### Pirate Pearl and the Big Blue **Monster**

15 July | 2pm | £10/ £8 cons Sail the seven seas with Pearl as her imagination goes wild on a swashbuckling pirate adventure

#### **Summer Music Camp**

with the blue monster.

Kathak dance

Sangeet Choir.

26 July – 1 August | 9.30am – 5pm Peter Pan £160 per child

A special five-day extravaganza of music, singing, dance and fun! Learn how to sing, dance and play the steel pans, African

drums, dance and ukulele in one jam-packed week. All sessions are provided by Harrow Music Service instrumental teachers. Optional breakfast and board games club for early starters. Suitable for ages seven to 12.

#### **HEADSTONE MANOR**

www.harrowmuseum.org.uk

6 August | 6pm | £12 / £10 concs Join Wendy and her brothers as they explore the magical world of Neverland with the boy who never grew up, Peter Pan. This outdoor

#### **& MUSEUM**

#### have the whole family hooked! **HEATH ROBINSON**

www.heathrobinsonmuseum.org

#### The Hound of the Baskervilles

26 August | 6.30 - 9.20pm | In the park | £15/£8 children

■ The renowned outdoor theatre company, Illyria, bring to you a chilling adaption of the Hound of the Baskervilles. This Sherlock Holmes mystery novel is written by Sir Arthur Conan Doyle.

#### **HARROW LEISURE** CENTRE

www.everyoneactive.com

#### **Soft Play Area**

Leave your kids to have fun in

**RAF100 Bentley Priory** Museum

Join us this year for an exciting programme of events to commemorate the 100th anniversary of the Royal Air Force.

Now until 10 November ■ Temporary Exhibition – 100 Years of Air Defence. Explore the origins of the Dowding System and its legacy in later years.

14 July

**MUSEUM** 

RAF100 themed afternoon tea in the Museum's vintage café. Booking required

21 July - 1 September

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the soft play area while you let off some steam working out. Suitable for children up to the age of six.

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#### **Activity Camp**

■ This summer, Fit for Sport Activity Camps are back! Children can take part in multi-sports, games, arts and crafts while making friends and keeping active throughout the holiday. For more information or to book, visit www.fitforsport.co.uk

#### **HARROW LIBRARIES**

www.ccslibraries.com

#### Summer reading challenge

14 July – 9 September ■ This year's Summer

Reading Challenge is Mischief Makers; celebrating the 80th anniversary of The Beano. Your child can help Dennis, Gnasher 29 July - Harrow Steel Orchestra 5 Aug – Fats Rollini Jazz & Blues Band

12 Aug – The Stardust Big Band 19 Aug - Grimsdyke Brass Band

#### PARTY IN THE PARK

Kenton Rec | 21 July | 1pm-6pm Featuring live music, facepainting, food and drink, head massage, stalls, sketch portrait artists and much more, the fun family event will raise funds to bring harmony to mental health and green spaces. Hosted by Friends of Kenton Rec. Entry £5 or £10 for families - includes a free tea or coffee.

#### KIDS' FUN FAIR DAY

5 August | 11am – 6pm | Canons

Come along to The Friends

and friends explore Beanotown

7 August | 11am-12pm | Roxeth

Jacqueline Francis will be giving a

Author, poet and teacher

**Author Talk** 

Library

of Canons Park's 15th annual Kids' Fun Fair Day. The event will feature rides, a 'fun' dog show,

face painting, games, crafts and music from the big brass band. For those who like to get back to nature there will be herb discovery walks and yoga sessions in the peaceful George V Memorial Garden. For more information, visit www.canonsparkfriends.org

Do you have an

harrow.gov.uk

event to promote in Harrow? Email us at communications@

#### SUMMER SCREEN

Now until 13 August | Harrow Town Centre

Get your popcorn ready as the big screen will be back for summer playing a selection of family friendly films. For screening and timings, visit www.harrowtowncentre.co.uk

talk, taking questions and signing copies of her novel Walk Quiet.

#### Tales for a Summer's Day

18 August | 1.30pm-2.30pm | Pinner Library

Join Pippa Reid for an interactive musical storytelling session. For ages 5-10 years.

#### to find the mysterious buried treasure. Find out more at your Run Quick. Booking required. local library.



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BUILDING A BETTER HARROW

LEARN:

'm as fit as a fiddle", says Norman Elias. He's not wrong the 93-year-old former Mr Universe runner-up is in great shape. He greets us at his Harrow home with an iron handshake, before taking us on a tour of his well-equipped

Norman spends two hours in here four times a week. He starts to show us his routine and is keen we join him. First squats, then sit-ups - Norman does 50 by way of demonstration, then moves on to the weights.

home gym.



LONDON July 12th.1952 NORMAN ELIAS Norman, who has lived with his wife in Harrow for 30 years, puts his excellent

SOUVENIR MEDAL

Mr. UNIVERSE

CONTEST

health down to the intensive gym sessions and his mental attitude - "You can only get a strong body with a strong mind," he says. Maxims of this sort pepper Norman's conversation - he is positivity personified.

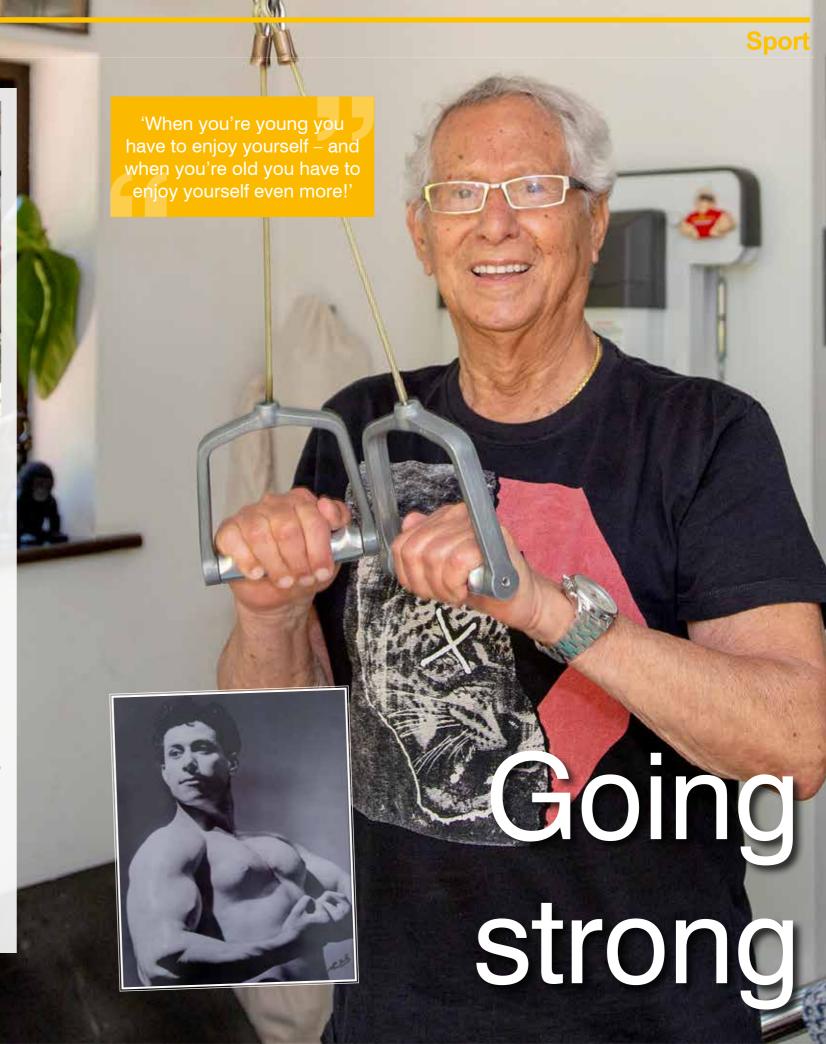
The gym walls are lined with pictures of Norman's glamorous past – they include a signed picture from Jeffrey Hunter, best known for his portrayal of Christ in the 1961 Hollywood epic King of Kings.

"He was my best friend", Norman tells us.

Another shows Burt Lancaster's birthday party on the set of The Crimson Pirate, in which Norman also appeared as an extra. Still in costume, Lancaster cuts his cake with a sword.

Most impressive are the pictures of Norman himself, flexing the physique that put him in the running for Mr Universe 1952. "When you're young, you have to enjoy yourself, and when you're old, you have to enjoy yourself even more!", he says.

Even a recent stroke has done nothing to dim Norman's resolve - "Only fools give up", he says - "I fight back!"



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