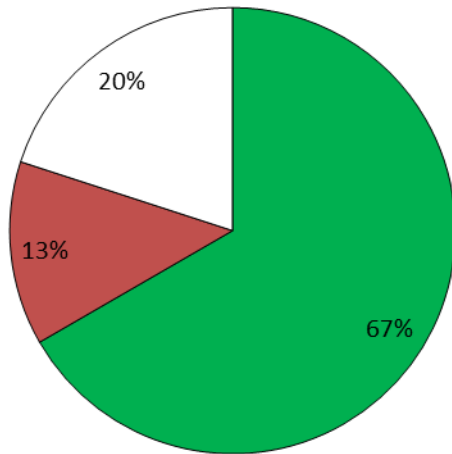


Harrow Council Public Health Consultation 2016/17

Section A: Overall Consultation Questions

Question responses: 12 (93.33%)

Question A2 – I support Harrow Council’s 159 campaign for a fair grant from Government



	% Total	% Answer	Count
Yes	67%	83.33%	10
No	13%	16.67%	2
No Response	20%	-	3
Total	100%	100%	15

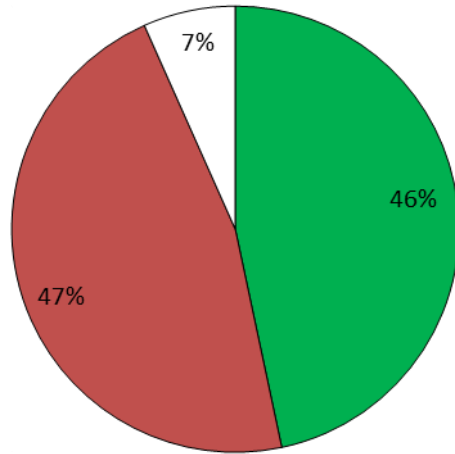
Question A3 – After reading our proposals, can you think of other, better options for saving money, reducing spending or limiting provision in Harrow’s services?

ID	Response
1	
2	
3	
4	Healthy living campaigns
5	Communicate with pharmacy
6	Community Programmes as they utilise the retired expertise of the community.
7	
8	
9	Stop the council magazine; make it electronic only. raise council tax a bit if need be but don't cut public health funding
10	Smoking services needs to be reviewed
11	
12	
13	
14	
15	

Proposal 1: Ending some Physical Activity Support Services

Question responses: 14 (93.33%)

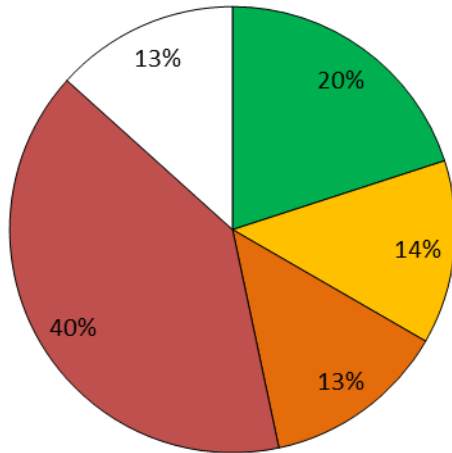
Question B1 (a) - Will this proposal directly affect you or your dependents?



	% Total	% Answer	Count
Yes	46%	50%	7
No	47%	50%	7
No Response	7%	-	1
Total	100%	100%	15

Question B1 (b) – Given the extent of the savings required, do you agree with this proposal?

Question responses: **13 (86.66%)**



	% Total	% Answer	Count
Strongly Agree	20%	23.07%	3
Agree	14%	15.39%	2
Disagree	13%	15.39%	2
Strongly Disagree	40%	46.15%	6
No Response	13%	-	2
Total	100%	100%	15

Question B1 (c) - If you or someone you know would lose access to Physical Activity Support services, how would they cope and what alternatives could they find?

ID	Response
1	There are no other alternatives. People in most need are the first to suffer from austerity cuts because these are the poorest income individuals who need the most help with their health.
2	
3	Personal Budgets could be used to buy services.
4	
5	
6	Very difficult
7	
8	I think that someone with health conditions would ultimately see a decline in their health. On the Exercise On referral scheme we help people improve their health through physical activity but also use it as a preventative measure as a lot of the hea
9	n/a it affects others in harrow though
10	
11	I am a GP- if my patients lose this service (which is already limited) they would not find a substitute
12	Networking of exercise groups at public parks
13	They would just sit at home as would not be able to afford gym costs.
14	
15	

Question B1 (d) – If some Physical Activity Support services could be extended by volunteers, could you help with your time, resources or expertise?

ID	No I would not help	Time	Resources	Expertise
1				✓
2		✓	✓	
3	✓			
4	✓			
5				✓
6	✓			
7	✓			
8	✓			
9	✓			
10	✓			
11	✓			
12			✓	✓
13	✓			
14				
15				

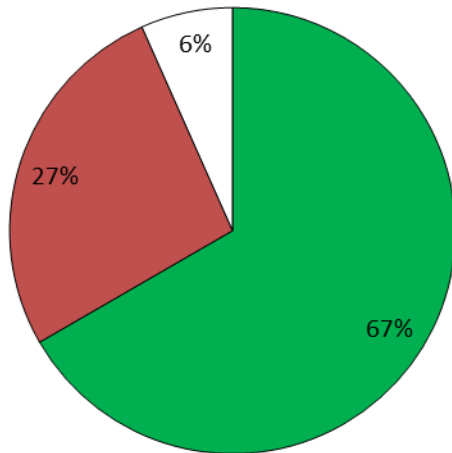
Question B1 (e) – Can you think of a better or fairer method for reducing the amount of money we spend on the Public Health Service, or increasing income from it?

ID	Response
1	There can be a minimum fee for enrollment and participation in the programmes and refunded to those who complete them successfully. In other words, people who take it seriously should have full reimbursement, forfeited by those who don't participate
2	
3	Residents are denied information about how PH spends its money. Everything seems to be "commercially sensitive".
4	
5	
6	A subsidised payment from participants may be a solution.
7	Council funding from the DoH has not been cut and because the ring fence is removed it does not mean a cut is necessary
8	I think you could fund One centre/organisation to deliver all the above services which will save money. I think if the services are stopped particularly the EoR scheme it will cost the government more money in the long run on treating these patients.
9	No. It needs to be preserved
10	Invest more in the health trainer programme to yield more efficient results.
11	Simply cutting funding from vulnerable groups is short-sighted and cruel- what about cutting services to the able bodied- like refuse collection
12	No
13	Routine health checks.
14	
15	Bid for grants or projects. Recruit volunteers/organisations willing to give their time to support such work.

Proposal 2: Targeting the Health Check Service to the most in-need wards

Question B2 (a) - Will this proposal directly affect you or your dependents?

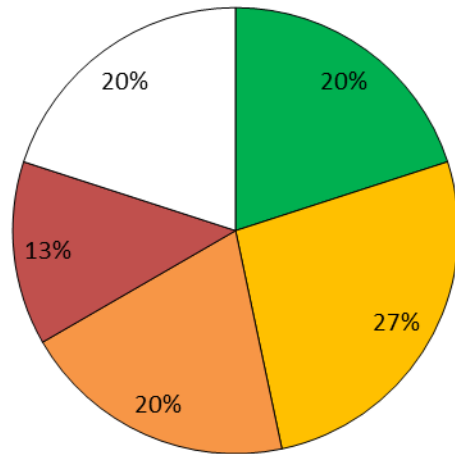
Question responses: 14 (93.33%)



	% Total	% Answer	Count
Yes	67%	71.42%	10
No	27%	28.58%	4
No Response	6%	-	1
Total	100%	100%	15

Question B2 (b) – Given the extent of the savings required, do you agree with this proposal?

Question responses: **12 (80%)**



	% Total	% Answer	Count
Strongly Agree	20%	25%	3
Agree	27%	33.34%	4
Disagree	20%	25%	3
Strongly Disagree	13%	16.66%	2
No Response	20%	-	3
Total	100%	100%	15

Question B2 (c) - If Health Checks were no longer offered through a GP practice or widely promoted across the borough, what alternative ways are there for people to find information about health risks and maintain their health?

ID	Response
1	Online resources, self checks through pharmacies eg cholesterol check , BP check , but would be paid for by the individual. Free checks can be done through churches, temples and mosques
2	Children's Centres Come into schools once a week Greater understanding of mental health issues
3	Are these check only available from a GP practice?
4	Offer through local pharmacies as they are better equipped to deal this this and have time time and experties
5	Offer through pharmacy cheaper
6	Through community programmes
7	
8	Advice about health is taken more seriously when its given from a GP or nurse.
9	There aren't so you need to do them. private companies are much more expensive and not as good
10	Work closely with community and volunteer sector. Ensure key public health messages are reaching the right people/wards. Use schools/early year settings to target families
11	They could go online but this tends to create unnecessary anxiety- basing services with GPs allows us to reassure worried patients- also we are on hand to deal with any problems that ARE found
12	Sign Posting at pharmacies which is easily accessible to public & which are open for more hours.
13	Online as most of them are already googling their symptoms .
14	
15	I believe GP practices should be offering this service but need to be smarter about how it is administered and by whom within practices. Just because the ageing population in Harrow is increasing it doesn't mean that we neglect and deprive the rights of people to live a good old age by neglecting the monitoring of health needs!

Question B2 (d) – Can you think of a different way of publicising the importance of regular Health Checks for people aged 40 and over?

ID	Response
1	Advertising campaigns on tv and radio, at bus stops, in the local paper etc
2	Link it to benefits each week
3	Full page ad in Harrow People. Use your web site effectively. Pay the GPs to advertise. Commission the CVS Orgs (sometimes called charities) to make use of their data bases and advertise.
4	Pharmacy led campaign with government funding will save GP time and reduce stress on the services
5	Work with pharmacy
6	Health Trainers going into community groups to raise awareness and give talks.
7	
8	
9	Posters, radio, community groups
10	Lunch clubs
11	Poster campaign??
12	On-line/Digital marketing Pharmacies & other Health care centres to engage all users through signposting.
13	Leaflets , annual health awareness days etc
14	
15	

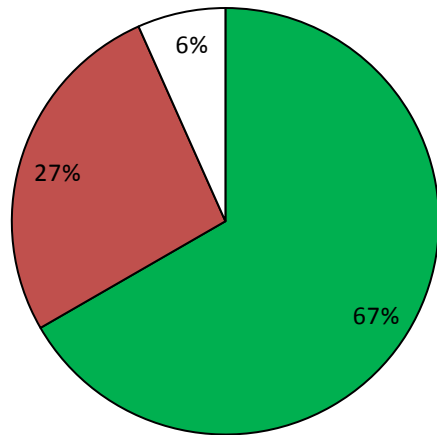
Question B2 (e) – Can you think of a fairer method for reducing the amount of money we spend on the Public Health Service, or increasing income from it?

ID	Response
1	Health checks are usually attended by the worried well. They are rarely taken up by those who are at most need eg male working population who don't take time off work to attend a health check
2	Sometimes over or under weight is caused by mental health problems. We should be finding more mental health services.
3	
4	Offer services through pharmacies will be cheaper then GP and will also be more convenient for patients
5	Contact pharmacists
6	Health Trainers are well trained staff and need to be utilised more for awareness and behaviour change in health related matters.
7	
8	Although money would need to be spent, I think delivering Health Checks and other Health programs will save money in the long run as patients.
9	By reducing public health it costs the NHS in longterm as everyone will be sicker
10	
11	Without knowing your whole budget in this area- impossible to answer
12	No
13	No
14	
15	

Proposal 3: Targeting the Health Check Service to the most in-need wards

Question B3 (a) – Ending the Healthy Schools Programme?

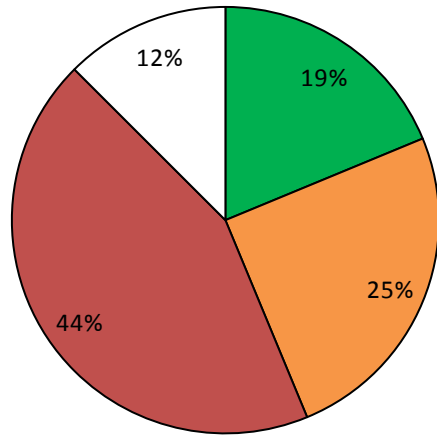
Question responses: 14 (93.33%)



	% Total	% Answer	Count
Yes	67%	71.42%	10
No	27%	28.58%	4
No Response	6%	-	1
Total	100%	100%	15

Question B3 (b) – Given the extent of the savings required, do you agree with this proposal?

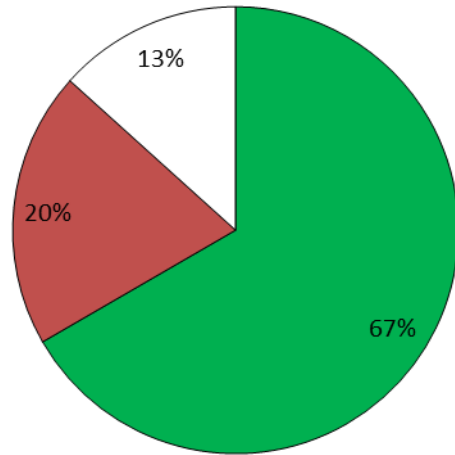
Question responses: 13 (x%)



	% Total	% Answer	Count
Strongly Agree	19%	23.07%	3
Agree	-	-	-
Disagree	25%	30.76%	4
Strongly Disagree	44%	53.84	7
No Response	12%	-	2
Total	100%	100%	15

Question B3 (c) – If you or someone you know has participated in the Healthy Schools Programme, do you think it has helped pupils to become healthier?

Question responses: 13 (86.66%)



	% Total	% Answer	Count
Yes	67%	76.93%	10
No	20%	23.07%	3
No Response	13%	-	2
Total	100%	100%	15

Question B3 (d) – If schools wished to access support for health initiatives in the future, could you help with your time, resources or expertise?

ID	No I would not help	Time	Resources	Expertise
1				✓
2		✓	✓	
3	✓			
4				✓
5	✓			
6	✓			
7	✓			
8				
9				✓
10		✓	✓	✓
11	✓			
12			✓	✓
13	✓			
14			✓	
15				

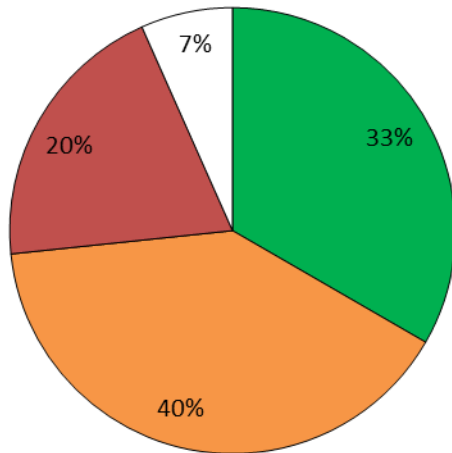
Question B3 (e) – Can you think of a better or fairer method for reducing the amount of money we spend on the Public Health Service, or increasing income from it?

ID	Response
1	No, this investment is vital for encouraging healthy behavior for future generations and reduce health burdens over the next twenty years.
2	Yes! Reduce the amount each school gets by £1000 and create a pot to support children's health, mental and emotional well-being as a council commitment, yet cannot rely on schools to support this amongst their other constraints
3	
4	
5	Contact pharmacy
6	Get community involved eg. parents, Dinner ladies, support staff.
7	Financed through the school's budgets and not directly by the Council
8	
9	We have an obesity problem so cutting resources is only going to make this worse
10	I do not agree with making any savings from this service. The children of today are the future of tomorrow and investing in their health is a responsibility none of us should shy away from. There is a extensive evidence base for the investment of time
11	This initiative needs to continue- the health of our school children is fundamental to their health as adults- one year is NOT enough to change behaviour in the whole community- increasing obesity will lead to increase in diabetes which is already fa
12	No
13	Awareness days , print out leaflets, online surveys etc
14	This service is vital to all of the High Schools it visits on a weekly basis. It's success is due to it being <u>in</u> school, confidential and accessible to <u>all</u> students.
15	

Age

Question responses: 14 (86.66%)

What is your age group?



	% Total	% Answer	Count
Under 16	0%	0%	-
16-24	0%	0%	-
25-44	33%	35.8%	5
45-64	40%	42.86%	6
65+	20%	21.43%	3
No Response	7%	-	1
Total	100%	100%	15

Disability

Question responses: 14 (93.33%)

Are your day-to-day activities limited because of a health problem or disability which has lasted or is expected to last at least 12 months?

	% Total	% Answer	Count
No	x%	x%	12
Yes, affecting mobility	x%	x%	1
Yes, affecting hearing	0%	0%	-
Yes, affecting vision	0%	0%	-
Yes, a learning disability	0%	0%	-
Yes, mental ill-health	0%	0%	-
Yes, another form of disability- please specify			1
No Response			1
Total	100%	100%	15