

Xcite!

FOR PARENTS

- ▶ **Living in Harrow?**
- ▶ **Are you aged 16 - 65?**
- ▶ **Not working, or working less than 16 hours?**
- ▶ **Parent of children aged 0-14?**
- ▶ **Household income less than £20,000?**

We can help you find a job and stay in work.

This includes, writing CV's, completing application forms, preparing for interview, finding child care, getting tax credits.

www.harrow.gov.uk/Xcite

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